

ERNAKULAM SOCIAL SERVICE SOCIETY (ESSS)



1962-2024

ARCHDIOCESE OF VERAPOLY

ANNUAL REPORT

2023- 2024

Founder Patron



Servant of God
Most Rev. Dr. Joseph Attipetty

Patron



Most Rev. Dr. Joseph Kalathiparambil
Metropolitan Archbishop of Verapoly

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Patron's Message



It is with immense joy and profound gratitude that I present the Annual Report for 2023-2024 of the Ernakulam Social Service Society (ESSS), the dedicated social action wing of our Archdiocese of Verapoly. I am deeply moved by the unwavering commitment and tireless efforts of ESSS in bringing the light of God's love to the lives of countless individuals and families.

This report is not merely a compilation of facts and figures; it is a testament to the living embodiment of Christ's compassion, manifested through every initiative undertaken by ESSS. In a world often grappling with despair, ESSS stands as a beacon of hope, fulfilling our divine mandate to serve the poor, the marginalized, and the vulnerable.

I extend my heartfelt wishes and prayers to every member of the ESSS family – the dedicated staff, the tireless volunteers, and all those who contribute in myriad ways to this noble mission. Your work, truly done in the name of God, reflects the very essence of our faith.

Through the diverse thematic areas of this report—from empowering women and men through Self-Help Groups and championing workers' rights, to fostering livelihoods, combating addiction via the SAJEEVAM campaign, and promoting community health through initiatives like Ashakiranam Cancer Care, Dialysis Challenge, and Ardrum Palliative Care—we witness the profound impact of your dedication. You nurture families, support the differently abled, provide vital shelter through the Snehabhavanam Project, and cultivate future leaders. Each endeavor is a visible prayer, a blessing bestowed upon those in need, embodying the Gospel message and extending Christ's loving embrace.

As we look ahead, let us continue to draw strength from our faith, guided by divine providence. May the Almighty continue to bless the Ernakulam Social Service Society, its leadership, and all its members, enabling them to reach greater heights in their mission of love and service.

With abundant blessings and prayers,

† JOSEPH KALATHIPARAMBIL
METROPOLITAN ARCHBISHOP OF VERAPOLY



Director's Message

It is with a heart full of gratitude and humility that I address you as we present the Annual Report for 2023-2024 of the Ernakulam Social Service Society (ESSS). This report encapsulates a year of profound dedication, tireless effort, and God's boundless grace, reflecting our unwavering commitment to serving the poor and marginalized, truly in the name of God.

As the social action arm of the Archdiocese of Verapoly, ESSS has been a testament to compassionate action, striving to uplift lives and

bring hope where it is most needed. This past year, we have witnessed the transformative power of collective endeavor across all our thematic areas. From empowering women and men through vibrant Self-Help Groups, fostering economic independence and dignity, to championing the rights and welfare of various labor sectors under the Kerala Labour Movement, our efforts have borne fruit. We have equipped individuals with vital skills and livelihood opportunities through our Micro-Enterprise Development and the new ESSS DP World Centre for Learning. Our crucial SAJEEVAM Anti-Drug Campaign continues to fight for a healthier, drug-free society, especially for our youth.

None of this would be possible without the blessings of the Almighty, the inspiring leadership of our Archbishop, Most Rev. Dr. Joseph Kalathiparambil, and the relentless dedication of our staff, animators, volunteers, and our cherished beneficiaries who empower us through their trust and resilience. To each of you who have contributed your time, talent, and resources, I extend my deepest appreciation.

As we reflect on our achievements, we are reminded that every act of service is a prayer offered, and every life touched is a testament to God's enduring love. Let us continue this sacred journey with renewed vigor, guided by faith and compassion.

May God bless ESSS, our communities, and all our endeavors to build a more just and compassionate society.

In the service of God and humanity,

FR. MARTIN P. AZHIKKAKATH
PRESIDENT AND DIRECTOR



Assistant Director's Message

It is with immense joy and profound gratitude that I share this Annual Report for 2023-2024. As Assistant Director, I've had the privilege of witnessing firsthand the unwavering dedication and compassionate service that defines the Ernakulam Social Service Society. This report is a powerful testament to our collective commitment to uplifting the most vulnerable among us, truly embodying God's love for the poor.



This past year has been one of significant impact, marked by numerous initiatives that have touched countless lives. From empowering women and men through Self-Help Groups, fostering self-reliance and dignity, to advocating for workers' rights under the Kerala Labour Movement, we have strived to build a more just society. Our Micro-Enterprise Development programs, including the new ESSS DP World Centre for Learning, are equipping individuals with essential skills for sustainable livelihoods. The SAJEEVAM Anti-Drug Campaign continues its vital work in protecting our communities, especially the youth, from the scourge of addiction.

We have also extended the healing touch of compassion through the Ashakirnam Cancer Care Campaign, the Dialysis Challenge, and Ardraam Palliative Care, providing critical health support. Our Family Development Program, Sayamprabha for elders, and "Hope and Help" for the differently-abled ensure holistic care for all segments of society. The Archbishop's Snehabhavanam Project continues to provide safe homes, while our Kuttikootam children's clubs and Internship Programme are shaping future leaders.

I offer my deepest appreciation to our Archbishop, Most Rev. Dr. Joseph Kallithiparambil, for his inspiring guidance, and to our dedicated President and Director, Fr. Martin P. Azhikkakath, for his visionary leadership. To every staff member, volunteer, and partner, your selfless efforts are the heartbeat of ESSS.

May God continue to bless our shared mission, enabling us to serve with even greater zeal and compassion in the years to come.

In humble service,

FR. JIBIN GEORGE MATHIRAPILLY
ASSISTANT DIRECTOR, ESSS

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About ESSS

Ernakulam Social Service Society, the official organization for social action, of the Archdiocese of Verapoly is the brain child of the first Indian to become Archbishop of Verapoly, Most. Rev. Dr. Joseph Attipetty and Fr. Jerome Payapilly OCD. It is the initiative of the Archdiocese of Verapoly to do community organization and socio-economic programmes for the socially and economically disadvantaged sections of the area irrespective of caste, creed and religion, in districts of Ernakulam and Trichur. Founded on August 28, 1962, Ernakulam Social Service Society grew year by year under the patronage of gifted Archbishops and directors with dedication and commitment. ESSS has been registered under the Travancore Cochin Literary, Scientific and Charitable Societies Regn. Act XIII of 1955 in 1962 (Reg. No. ER-8/1962).

In this journey ESSS has taken sides with the poor and the marginalized people to end poverty and social injustice. Our focus is on the rights of the most marginalized communities; rural and urban poor, women, children, aged, fishermen, and differently abled, migrant and unorganized workers. These groups face an acute lack of access to and control over resources, services, and institutions. ESSS practices a right-based approach to development, helping people to claim their rights, which may be constitutional, moral or legal entitlements.

Mission

Ernakulam Social Service Society (ESSS) is committed to promote, support and sustain the socio-economic and developmental initiatives of the poor and the marginalized through social mobilization, empowerment and decentralization.

Vision

Just and self-reliant society with highly resourceful people living in harmony and mutual help.



Achievements

ESSS in Numbers

ESSS made significant impact in the year 2023- 2024, empowering communities through various initiatives.

Financial Inclusion & Empowerment

Loans Sanctioned: ₹76 Lakhs
SHGs Linked: 4 (₹52 Lakhs availed)
JLGs Active: 259
JLG Loan Repayments: ₹48.83 Lakhs
(458 groups)
KSB/CDC Loans Closed: 3 (₹4.14 Lakhs)

Social Security & Welfare

Critical Illness Policy (Families): 405
Jeevan Mahatir Policy (Persons): 3,020
(2,098 currently enrolled)
Group Insurance (Members): 614
Swavalamban Pension (Labourers): 4,296
Aardram Medical Benefit (Families/Lives): 2,974
families / 5,423 lives (₹24.28 Lakhs in claims)

Labour & Skill Development

UWF New Registrations/Renewals: 3 / 90
KTWT New Registrations/Renewals: 1 / 38
SNTU New Registrations/Renewals: 1 / 18
KDWF Event Participants: 136
Tailoring Course Participants: 28 (across 3 batches)
New Men SHGs Formed: 2

Health & Community Support

Cancer Patients Aided: 47
(₹2.35 Lakhs financial aid)
Emergency First Aid Trainings (Participants): 197
(Puthuvype, Vadiathala, Mattinokam)
Eye Camp Participants: 81
Dental Camp Participants: 56
Anti-Drug Campaign Participants: 256
(May Day & World Tobacco Day)



Women Empowerment Through SHGs

Empowerment is a process of sensitizing about social realities and existing rights, to develop capacities through education, knowledge, skills and facilitating participation to bring a positive change. Self Help Groups provide women a chance to participate in social, economic, and political activities through its various programs, develop their decision making capacity, increase savings, and enhance their social mobility. Presently we have 510 women SHGs functional at ESSS with a total membership of 10200. These groups are working under 59 federations.

Details of Women SHGs

Region I : 36
Region II : 85

Region III : 102
Region IV : 60

Region V : 16
Region VI : 27

Region VII : 84
Region VIII : 88

Pennazhagu- International Women's Day Celebration



On March 8, 2024, the spirit of International Women's Day resonated deeply as celebrations unfolded, marked by a palpable sense of community and reverence.

The event was profoundly uplifted by the presence and blessings of Archbishop Most Rev. Dr. Joseph Kalathiparambil. Sharing the dais and adding to the gravitas of the occasion was Shri. Hibi Eden M.P, who, alongside other respected dignitaries, collectively brought a wealth of wisdom, encouragement, and good wishes to the forefront of the festivities.



Federation Anniversaries

This year marked the joyous anniversaries of 11 federations under the Ernakulam Social Service Society, beautifully showcasing the united spirit, steadfast dedication, and collaborative efforts of our SHG members across all federations.



SHG Anniversary - Jwala

The SHG anniversary was a memorable event, with Fr. Sijan Manuveliparambil, Director of ESSS, in attendance. The celebration was further enriched by engaging cultural programs and a spirited prize distribution, adding to the festive atmosphere.



SHG and Federation Meetings

Both SHGs and Federations conducted regular meetings, and auditing was diligently performed in accordance with the needs and guidance provided by ESSS staff members. Additionally, a new SHG named Oruma was established in Manattuparambu on May 5, 2024.

During this reporting period, five new Self-Help Groups (SHGs) were established, significantly broadening our community engagement. These new groups and their formation dates are:

- Nakshatra SHG, Thuthiyoor (April 15, 2024)
- Mythri Jyothy SHG, Thuthiyoor (April 19, 2024)
- Mythri Sneham SHG, Thomaspuram, Maradu (April 20, 2024)
- Mythri Ethal SHG, Kaloor (April 30, 2024)

Accounts Class

An essential Accounts Class, aimed at 'equipping members with essential accounting skills', was conducted by the Thuthiyoor Snehajwala Federation on April 12, 2024. The program saw a commendable attendance of 34 participants.

Delegates from Karnataka

A delegation of 56 members from Karnataka, visited ESSS to study the functioning and operations particularly gaining insights into the effective functioning of our Self Help Groups.



Zonal Meetings

Zonal meetings were successfully conducted across various Self-Help Groups and Federations, fostering enhanced collaboration and strategic planning.



Winners of Paper Collection

With a shared commitment for alleviating the suffering, Self-Help Groups across our network initiated a meaningful paper collection campaign. Every piece collected was a step towards hope, contributing essential financial aid to the life-saving services offered by Ashakiranam Cancer Care.

FIRST PRIZE	: THANAYA FEDERATION , CHATHIYATH
SECOND PRIZE	: JASMINE FEDERATION, CHITTOOR
THIRD PRIZE	: AMALA FEDERATION, PONEKKARA

31450/-

16000/-

15000/-



Congratulations

25 Years Completed SHGs



HRIDHYA SHG, PUTHUVYPU



THERESA SHG, CHARIYAMTHURUTH



WINNERS SHG, PONNARIMANGALAM



VIMALA SHG, PONEL

Farming Competition Winners



Geetha Joshy
Pioneer SHG
North Edapally



Girija Mohanan
Angel Mary SHG
South Chittoor



Mettilda Sebastine
Deepam SHG
Eloor



Sujatha Soman
Alswarya SHG
Ponel

Empowering Men Through SHGs

Since 2003, ESSS has been a steadfast champion of men's empowerment by actively promoting and nurturing Self-Help Groups (SHGs). These groups serve as vital platforms, meticulously designed to build skills, instill confidence, and significantly increase income-generating opportunities for their members.

More than just financial entities, these SHGs offer a holistic approach to empowerment, providing robust financial and social support. They foster a strong network of allies, enabling men to collectively address challenges and pursue shared goals.

We are proud to report that currently, 325 men's SHGs are actively functioning under the ESSS umbrella, boasting a remarkable total membership of 6,500 individuals. These groups operate cohesively, organized under 28 federations, reinforcing a powerful structure for collective growth and mutual upliftment across our communities.

International Men's Day Celebration

On November 19, 2023, ESSS proudly celebrated International Men's Day at the Ernakulam Town Hall, drawing an impressive gathering of 870 participants. This significant event served as a platform to honor and recognize the remarkable contributions within our men's Self-Help Group (SHG) network.

During the ceremony, distinguished Chief Guests paid tribute to 29 pioneering Men's SHGs that have demonstrated unwavering commitment by completing over 20 years of dedicated service. The program also recognized individual excellence and leadership, with awards proudly distributed to:

- 6 Best Village Organizers for their active engagement and invaluable support to Men's SHG groups.
- 8 Best Men's SHG Federation Co-Ordinator's for their exceptional leadership.
- 7 Best Men's SHG Federations for their outstanding collective achievements.
- 18 Best Individual Achievers, celebrating their personal triumphs and contributions within the SHG movement.

This celebration underscored the profound impact of collective effort and individual dedication in fostering empowerment and community development among men.



Empowering Communities: SHG Initiatives in 2023

On November 5, 2023, the ESSS Men's SHG Department successfully facilitated the formation of a new Self-Help Group (SHG) in NAD Aluva. This initiative was a direct outcome of our ongoing commitment to community development, complemented by the diligent monitoring of existing SHG meetings. The establishment of this new group signifies an expansion of our efforts to empower men in the region, fostering mutual support, economic independence, and community resilience within NAD Aluva.



Fund Raising Initiatives for Snehabhavanam- Star Distribution

In a dedicated effort to garner support for the Snehabhavanam project, a housing initiative for the underprivileged, a comprehensive star distribution campaign was successfully executed across various regions. This fund raising drive played a crucial role in collecting essential funds, directly contributing to the realization of safe and dignified housing for those in need. The widespread participation and generous contributions underscore the community's commitment to alleviate poverty and providing shelter to the less fortunate through the Snehabhavanam project.



Thannirpanthal- Community Water Initiative: A Lifeline in Summer

The Self-Help Groups (SHGs) have spearheaded a significant community initiative, providing free drinking water to the public, particularly during the scorching summer months. This program stands as a major undertaking, actively promoting equitable access to clean water for everyone.



It exemplifies the SHGs' unwavering commitment to public welfare and their proactive approach to addressing essential community needs.

Empowerment Through Labour Department

The Kerala Labour Movement (KLM), established in 1972, stands as the official labor initiative of the Kerala Catholic Bishops' Council (KCBC). For over five decades, KLM has been steadfastly dedicated to championing the dignity, rights, and overall well-being of workers throughout Kerala. Its pivotal role in organizing, empowering, and supporting laborers, particularly those within the unorganized sector, is evident through decades of committed grassroots engagement. Driven by a profound vision of social justice and inclusive growth, KLM operates through a robust network of diocesan facilitation centers and workers' forums, ensuring direct and meaningful connections with communities at the local level. This enduring commitment allows KLM to be a constant force in advocating for and improving the lives of countless workers across the state.

In 2023, the Ernakulam Social Service Society (ESSS) and the Kerala Labour Movement (KLM) held their joint meeting, a crucial event for reviewing and planning their joint efforts. This gathering highlighted KLM's impactful work, strongly backed by ESSS, in championing worker rights and dignity across Kerala.



Discussions focused on the challenges and successes of various informal sector forums, including domestic, unorganized, tailoring, construction, and fisheries workers. Key themes included advocating for fair wages, workplace safety, welfare schemes, skill development, and legal recognition for these often-marginalized groups.

The Joint meeting emphasized ESSS's unwavering support and strategic guidance as vital to program success. It reaffirmed a strong commitment to social justice and the well-being of all workers in Kerala, outlining a roadmap for continued advocacy and empowerment, ensuring dignity and security for every individual in the workforce.



Various Fora Functional at ESSS

Kerala Domestic Workers Forum (KDWF)

The Kerala Domestic Workers Forum (KDWF), a key initiative of the Kerala Labour Movement (KLM) and strongly supported by ESSS, is dedicated to empowering domestic workers. This group, often marginalized and unprotected in the informal sector, finds a powerful advocate in KDWF. KDWF actively champions fair wages, decent working conditions, social security, and legal recognition for these essential workers. Beyond advocacy, the forum provides vital capacity-building programs, awareness sessions, and a robust support network, all focused on enhancing their dignity and well-being across Kerala. Grounded in values of justice, solidarity, and inclusion, KDWF, with the crucial backing of ESSS, continues to be a powerful collective voice for the rights of Domestic Workers in the state.

Swathanthra Nirmana Thozhilali Union (SNTU)

ESSS actively supports a vital union for independent construction workers in Kerala, a group often overlooked by formal labor protections. This union works tirelessly to organize these workers, ensuring their access to fair wages, workplace safety, welfare schemes, and skill development opportunities. By providing a unified platform, the union, with the crucial backing of ESSS, empowers its members to voice their concerns, negotiate for improved working conditions, and secure dignified livelihoods. Rooted in principles of justice, equity, and solidarity, this union, supported by ESSS, plays a critical role in advocating for the rights and recognition of unorganized construction workers across Kerala.

Kerala Tailoring Workers Forum (KTWF)

The Kerala Tailoring Workers Forum (KTWF), an important initiative of the Kerala Labour Movement, receives significant support from ESSS. KTWF is dedicated to organizing workers in the tailoring sector, many of whom are self-employed or in informal arrangements. The forum's core mission, bolstered by ESSS, is to ensure recognition, fair wages, access to welfare benefits, and improved working conditions for tailoring workers. KTWF also facilitates crucial skill development, legal awareness, and collective bargaining.

By providing a structured platform, the forum, with the backing of ESSS, empowers tailoring workers, fostering greater economic security and social dignity within Kerala's labor landscape. KTWF has been instrumental in the enrollment of tailoring workers in the Kerala Tailoring Workers Welfare Fund Board, a testament to its impact.

Unorganized Workers Forum (UWF)

The Unorganized Workers Forum (UWF), a crucial initiative strongly supported by ESSS, unites individuals from various informal and unregulated sectors who often lack basic labor rights and protections. Fully operational since 1991, UWF aims to empower these workers by advocating for their inclusion in welfare schemes, ensuring fair treatment, and building awareness of their rights.

Through collective action, skill-building programs, and policy engagement, UWF, with the dedicated backing of ESSS, strives to enhance the visibility, dignity, and social security of unorganized workers across Kerala. This ensures no worker, especially those aged 18 to 50 who are ineligible for other welfare funds, is left behind in the development process.

Kerala Matsya Thozhilali Forum (KMTF)

ESSS champions a dedicated platform for self-employed and unorganized workers across Kerala's vital fisheries sector. This includes traditional fishers, ice factory workers, and fish vendors, who often face unique challenges like income instability, occupational hazards, and climate change vulnerability.

With the crucial support of ESSS, this forum strives to secure fair wages, access to social security schemes, robust safety measures, and vital livelihood protection for these communities. By organizing and empowering fisheries workers, ESSS plays a pivotal role in promoting their rights, improving their quality of life, and preserving the cultural and economic significance of Kerala's fishing communities.

Promoting Welfare and Insurance Awareness

Throughout the year, ESSS conducted a series of impactful awareness classes across various federations, domestic worker meetings, and other community programs. These sessions were specifically designed to educate participants on the importance and benefits of various welfare schemes and insurance programs.



By providing crucial information and fostering understanding, these initiatives empowered individuals to access vital protections and support systems, significantly contributing to their overall well-being and security.

Domestic Workers Meeting



KTWF Interviews: Understanding Tailoring Workers' Needs

The Kerala Tailoring Workers Forum (KTWF), an initiative backed by ESSS, recently conducted interviews with tailoring workers, including those self-employed or in informal settings. These discussions aimed to understand their challenges and needs directly. The interviews reinforced KTWF's commitment, supported by ESSS, for securing fair wages, welfare benefits, skill development, and improved conditions. By gathering these vital insights, KTWF continues to empower tailoring workers in Kerala for boosting their economic security and dignity.



Domestic Workers Day Celebration at ESSS

On June 16, 2024, the Ernakulam Social Service Society (ESSS) proudly hosted the Domestic Workers Day Celebration at the ESSS Hall in Kacheripady, Ernakulam. This significant event, organized under the auspices of the Kerala Labour Movement (KLM) and specifically the Kerala Domestic Workers Forum (KDWF), marked International Domestic Workers Day. The celebration underscored ESSS's unwavering commitment to recognizing and uplifting domestic workers, highlighting their invaluable contributions and advocating for their rights and dignity within the community. The gathering provided a platform to acknowledge their hard work and promote awareness of their essential role.



May Day Celebrations: Honoring Workers' Contributions

Each year, May Day is observed with profound significance, serving as a powerful occasion to honour the invaluable contributions and sacrifices of workers worldwide. The Ernakulam Social Service Society actively participates in these celebrations, either by organizing or supporting events that bring together various labor forums and individuals dedicated to promote Labour rights and welfare.

May Day celebrations feature assemblies, discussions, and cultural programs, emphasizing social justice, fair labour, and dignity of the labourer. These vital platforms reaffirm ESSS's commitment to empowering labourers, advocating for equitable conditions, and recognizing those driving progress.



Micro- Enterprise Development Programme

A cornerstone of ESSS's mission is its robust Micro-Enterprise Developmental Program, which places its primary emphasis on empowering Self-Help Group (SHG) members. The main thrust of this initiative is to enable these individuals to successfully undertake income-generating micro-enterprises that are not only viable but also sustainable in the long term.

To achieve this critical objective, ESSS employs a multi-faceted approach. We meticulously focus on identifying and mobilizing aspiring entrepreneurs within the SHG network, recognizing their potential and providing the necessary support to transform their aspirations into tangible ventures. Furthermore, a significant component involves capacitating them through comprehensive entrepreneurial, vocational, and essential life skill development. These tailored training programs equip participants with the knowledge, practical abilities, and confidence required to manage their enterprises effectively, navigate market challenges, and ensure their ongoing success and contribution to their economic independence. This holistic program underscores ESSS's dedication to foster self-reliance and sustainable community development.

Livelihood Enhancement programmes: Strategic Engagements

ESSS is deeply committed to livelihood enhancement through a multifaceted approach, strategically designed to empower communities and individuals. A core activity involves actively conducting government-certified skill training programmes, ensuring that participants receive accredited and market-relevant vocational education crucial for securing sustainable employment or entrepreneurial ventures.

Beyond direct training, ESSS rigorously facilitates linkages with various government programmes, acting as a crucial bridge to ensure that beneficiaries can access a wide array of supportive initiatives, subsidies, and resources. Furthermore, to overcome financial barriers, we diligently provide credit linkage services with government institutions, banking, and other financial institutions. This critical support enables aspiring entrepreneurs and skilled workers to secure the necessary capital for their micro-enterprises or career advancement, thereby fostering long-term economic stability and self-reliance within the communities we serve.



ESSS DP WORLD CENTRE FOR LEARNING

The ESSS DP World Centre for Learning represents a significant new venture initiated by ESSS in this financial year, established through the generous CSR fund availed from DP World Kochi. This state-of-the-art facility features three purpose-built and well-furnished classrooms, dedicated to providing vocational training in high-demand trades such as tailoring, LED accessories assembling, and paper bag making.

As a newly initiated program, the ESSS Centre for Learning is meticulously designed to offer governmental and other agency-certified Life and Vocational Skill Training, alongside comprehensive awareness programs and capacity-building workshops. These initiatives aim to enhance the knowledge base and expand the livelihood options for the poor and marginalized, including crucial support for school dropouts. To ensure the highest standards of training and certification, ESSS primarily joined hands with the Central Ministry of Skill Development and Entrepreneurship through Jan Shikshan Sansthan (JSS), underscoring our commitment to empowering individuals for sustainable economic independence.

A. LED Accessories Assembling

As a core component of the ESSS Centre for Learning's vocational training initiatives, a specialized program on LED Bulb manufacturing was successfully conducted from October 9 to 11, 2023.

This intensive course, designed to mold aspiring entrepreneurs, equipped seven participants with practical skills essential for establishing their own income-generating ventures.

The certificates for successful completion were distributed by ESSS Assistant Director, Rev. Fr. Jibin George Mathirapilly, marking a significant step towards empowering individuals with sustainable livelihood opportunities.



B. Skill Development in Tailoring

In a significant stride towards fostering career entrepreneurship, the Ernakulam Social Service Society (ESSS), through its ESSS Centre for Learning, successfully conducted a three-month tailoring training program.

This comprehensive vocational course was designed to equip participants with the skills necessary to establish their own tailoring ventures.

A remarkable 43 individuals successfully completed the rigorous training, demonstrating their dedication and readiness for professional engagement.

The certificates of completion were formally distributed by ESSS Director, Rev. Fr. Martin Azhikkakath, marking a pivotal moment in their journey towards economic independence and career development.



C. Paper Bag Making

The Ernakulam Social Service Society (ESSS), through its ESSS Centre for Learning, took a significant stride toward fostering entrepreneurship and skill development by successfully conducting a paper bag making training program, fully supplying all necessary raw materials to the participants.



JLG - TRAINING PROGRAMMES

To facilitate access to credit, ESSS supports Joint Liability Groups (JLGs), informal clusters of 4 to 10 individuals engaged in similar livelihoods, enabling them to obtain loans based on mutual guarantees.

Empowering JLG Leaders: A Comprehensive Training Program

On October 25th, 2023, ESSS hosted a vital training program for Joint Liability Group (JLG) leaders at the ESSS Hall in Ernakulam. This initiative, a collaborative effort with NABARD, aimed to equip participants with essential knowledge for effective group management and sustainable growth. The program saw an enthusiastic turnout of 123 JLG members.



The training was inaugurated by Mr. Ajeesh Babu, Deputy District Manager (DDM) of NABARD. He led the first session, providing valuable insights into NABARD's role, JLG mechanisms, various loan products, and the importance of insurance (including term and health insurance), along with an introduction to share market basics.

Dr. Jinson Joseph, Assistant Professor at Cochin University, conducted the second session, focusing on the Industries Department and the crucial role of enterprises. The final session was presented by Mrs. Deepa K.K., Industries Extension Officer, Kochi Corporation. She detailed extension services, simplified procedures for obtaining business licenses, strategies for identifying entrepreneurs, the support available through help desks, and government subsidy schemes for manufacturing, service, and trading sectors.



The program concluded with an interactive question-and-answer session, reinforcing the shared understanding that all members bear equal responsibility for their group's effective functioning. This comprehensive training proved highly beneficial for the JLG leaders, significantly enhancing their capacity to ensure the coordinated and impactful operation of their groups.

Empowering JLG Leaders: A November Training Session

On November 15th, 2023, ESSS hosted another impactful training program for Joint Liability Group (JLG) leaders at the ESSS Hall in Ernakulam. This program, like previous successful initiatives, was generously supported by NABARD and meticulously implemented by ESSS. The session saw an excellent turnout, with 143 members participating.



The training was inaugurated by Mr. Rajesh K.K., Industries Extension Officer from the Industries & Commerce Department, who also led the first session.

The second session was conducted by Mr. Sooraj Suresh, Agricultural Officer at Bank of India. He provided comprehensive insights into agricultural products, detailing schemes such as the Kisan Credit Card (KCC), Agri-Mortgage loans for farmers, the Stav Doodhganga Scheme for dairy farmers, DMFME Scheme, and the AIF Scheme. Mr. Suresh also covered essential Prime Minister's Insurance schemes including PMSEY, PMJBY, and the PM Pension Scheme (APY).



Finally, Mrs. Archana from Bank of India led the third session, focusing on a variety of retail loan products. She discussed vehicle loans, housing loans, Public Provident Fund (PPF), Sukanya Samriddhi Yojana, education loans, and SRTD loans.

This training proved highly beneficial for the JLG leaders, equipping them with diverse financial knowledge crucial for their groups' sustained growth and effective management.



SAJEEVAM: Anti- Drug Campaign

The Ernakulam Social Service Society (ESSS) is a committed partner in the vital SAJEEVAM - Anti-Drug Abuse Campaign, an initiative supported by KCBC, Caritas India, and KSSF. This campaign addresses Kerala's escalating drug crisis, which is driving up crime rates and alarmingly spreading the use of synthetic drugs, even among children under 10. ESSS is actively engaged across several key areas, reflecting its dedication to social well-being.

Key Events and Community Engagement

ESSS significantly contributed to awareness through direct action and providing resources. The ESSS Hall served as the venue for the Anti-Liquor Sunday Speech Competition on February 25, 2024, an event that engaged 25 students and offered prize money totaling Rs. 6000 to raise awareness against liquor consumption. Furthermore, ESSS collaborated with the Puthuvype Parish KCBC Anti-Alcoholism Committee to host various competitions on World No Tobacco Day at the Puthuvype Parish Mini Hall, directly involving 119 participants in public health education.

Strategic Future Planning

A crucial component of the campaign is the establishment of dedicated, three-tiered Sajeevam Task Forces (State, Diocesan/DSSS, and Grassroots/Parish Level) to combat drug abuse effectively. This forms a key part of Sajeevam's sustainability plan, anticipating the formation of approximately 65,000 task force members after July 2024 to create a robust defense system against substance abuse.

Advocacy and Support Initiatives

The organization strongly supported collective advocacy, participating in the Ash Wednesday Dharna Against Alcohol Abuse on February 14, 2024, in Ernakulam. ESSS also underscored community support for family life and recovery by promoting the Couple Sangamam & AA Group Inauguration, highlighting its commitment to public welfare. The International Exhibition, which visually depicted the harms of substance abuse with a "Say NO to Alcohol and Drugs Today" message, reinforced ESSS's dedication to social advocacy and public health education.



Promoting Community Health

ESSS is dedicated to advancing public health by promoting preventive and proactive healthcare measures. We also strive to ensure access to affordable and high-quality healthcare services for women in both rural and urban areas. To achieve these goals, we actively collaborate with various stakeholders, including public health departments, local self-governments, hospitals, and non-governmental organizations. This integrated approach allows us to make a comprehensive and lasting impact on community well-being.

Major Components

NAME OF ACTIVITY	SUPPORTING INSTITUTE
MEDICAL CAMP	LOURDES HOSPITAL
EYE CAMP	CHAITHANYA, EYE FOUNDATION HOSPITAL
DENTAL CAMP	AMRITHA INSTITUTE OF MEDICAL SCIENCE
NIRNAYAM CAMP	MALABAR GOLD & DIAMOND SOCIAL SECURITY MISSION
GENERAL MEDICAL CAMP & 1ST AID AWARENESS	ASTER MEDCITY

Ashakirnam Cancer Care Campaign: A Beacon of Hope and Holistic Support

The ESSS (Ernakulam Social Service Society) Ashakirnam Cancer Care Campaign stands as a testament to our unwavering commitment to community well-being, demonstrating a powerful partnership with Caritas India. This multifaceted initiative provides comprehensive assistance to cancer patients, addressing their needs from prevention and early detection to sustained care and rehabilitation. The campaign's remarkable success is underpinned by a robust local fund mobilization effort, a critical component that empowers us to extend vital support to those in need.

The ESSS Ashakirnam campaign successfully mobilized ₹8,20,000, providing vital support to 144 patients in need.

On International Women's Day (March 8th), 44 women generously donated their hair as part of the Ashakirnam Cancer Care Campaign.

ESSS collected a total of ₹73,682 through coin box contributions for Ashakiranam Campaign.

Through a dedicated paper collection drive, the Ashakiranam campaign, supported by Self-Help Groups (SHGs), successfully raised ₹2,68,150.

The Ashakiranam campaign offers a holistic, community-focused approach to cancer care, promoting broader societal health through various initiatives:

- **Awareness & Education:** We conduct extensive programs to educate communities on cancer prevention, early detection, and timely diagnosis, aiming to improve treatment outcomes.
- **Financial & Livelihood Support:** Crucial financial aid is provided to underprivileged patients for medical expenses and medication, alongside livelihood support to prevent economic hardship from hindering care.
- **Medical & Psychological Support:** We facilitate access to essential medical services and offer vital psychological counseling to help patients and families cope with cancer's challenges.
- **Hair Donation Camps:** Regular camps allow individuals to donate hair for wigs, providing significant psychological comfort and restoring dignity to patients undergoing chemotherapy.
- **Waste Management Awareness:** The campaign promotes responsible waste disposal through educational drives, emphasizing a clean environment's role in community health and disease prevention.
- **Promotion of Organic Farming:** We advocate for organic farming to encourage healthier lifestyles and reduce exposure to harmful substances, contributing to overall well-being.

Societal Impact: A Ripple of Hope and Empowerment

The ESSS Ashakiranam Cancer Care Campaign's influence transcends individual patient support, creating a profound societal impact. By cultivating awareness, championing sustainable practices, and mobilizing invaluable community resources, the campaign actively fosters a healthier, more informed, and deeply compassionate society. It powerfully demonstrates how collaborative action can tackle critical health challenges, standing as a guiding light and source of hope for countless individuals and families touched by cancer. The campaign's lifeblood—local fund mobilization, fueled by our community's immense generosity—empowers us to not only sustain our vital work but also to significantly expand our reach in the years ahead.



Ashakiranam Cancer Care Campaign: A Beacon of Hope and Holistic Support

Financial Aid Distribution at ESSS



Plastic Bottle booth Distribution



Hair Donation for Cancer Patients



*"In every shared burden, we find strength; in every act of compassion, we ignite hope. The Ashakiranam campaign, fueled by collective kindness, reminds us that no one faces cancer alone - **Together**, we are a force of healing and resilience."*

Dialysis Challenge: For Kidney Patients

The "Dialysis Challenge" stands as a testament to the compassionate vision of Mr. Hibi Eden, MP, who envisioned a program dedicated to supporting kidney patients within the Ernakulam Parliamentary constituency. Recognizing the critical need for affordable dialysis, Mr. Eden approached ESSS to partner in this vital initiative, and we are honoured to collaborate.



Through this impactful program, ESSS has established a crucial linkage with several hospitals located across Ernakulam city. These partnerships ensure that kidney patients receive high-quality dialysis treatments at a significantly subsidized rate. The "Dialysis Challenge" has already extended its reach to a substantial number of kidney patients, providing much-needed financial assistance to alleviate the burden of treatment costs. ESSS extends its heartfelt gratitude and deepest appreciation to Mr. Hibi Eden for his leadership and dedication in making this life-changing program a reality. His commitment has been instrumental in providing essential care and support to those battling kidney disease in our community.

Ardram Palliative Care and Health Clinic

The "Ardram Palliative Care and Health Clinic" embodies our commitment to holistic well-being within the community. Our dedicated palliative care services offer comprehensive support, extending comfort and dignity to bedridden patients and their families during challenging times. Beyond this, the Health Clinic serves as a vital resource, primarily catering to the health needs of the cherished elders residing at the House of Providence. This dual approach ensures that individuals receive compassionate care tailored to their specific needs, whether it's specialized palliative support or routine health services for our elderly community members.



Family Development Programme**Save A Family Plan - India**

The Family Development Program (FDP) is a pivotal sponsorship initiative supporting 300 vulnerable families, providing financial assistance for six years based on predetermined criteria. This project empowers families towards sustainable livelihood and financial viability. Regular meetings are conducted at central and regional levels, enabling families to plan activities and evaluate their progress within the program.

Success Story: Swapna's Journey

Swapna, a graduate of the Family Development Program, exemplifies the program's transformative impact. Following the sudden loss of her husband, Swapna joined the FDP, initially in an emotionally fragile state with an uncertain future. The FDP Coordinator provided crucial support and guidance during visits. With financial assistance from the program, Swapna established her own beauty parlour. By the program's conclusion, she realized the FDP had empowered her to become self-reliant, enabling her to provide a good education for her children and even create employment for another individual. Swapna's dedication and hard work, coupled with the FDP's support, have transformed her into a skilled and confident individual, for which she expresses deep gratitude to Almighty SAFF & ESSS.

Current Beneficiary Status:

As of the reporting period, there are 161 active partner families, with 11 families having successfully graduated from the program.

Challenges & Future Plans:

Challenges faced include a lack of correct contact information, incomplete cluster lists, and some beneficiary non-cooperation. Future plans include updating and creating individual files with the help of internship students, completing and uploading data for completion reports, and addressing pending activity plans and coordinator progress reports.



Income Generation Programs (IGP)

The FDP fosters economic self-sufficiency through various Income Generation Programs. The number of partner families involved in key IGP categories includes:

Sl. No.	Name of the IGP	No. of Units
1	Tailoring Centre	15
2	Fish Vending Business	10
3	Pickle Business	7
4	Computer Centre	5
5	Detergent Business	5
6	Flour Business	5
7	Bakery	3
8	Beauty Parlour	3
9	Grocery	3
10	Catering	2
11	Candle Business	2
12	Tea Shop	2
13	Flower Business	1
14	Furniture Business	1
15	Poultry farming	10
16	Buffalo rearing	4
17	Goat rearing	3
18	Oxen rearing	2
19	Construction of poultry cage	1
20	House construction	3
21	Plumbing work	3
22	Electrification work	2
23	House maintenance	2



Community Based Rehabilitation

Sayamprabha: Empowering Elders Through Self-Help Groups

Since 1992, ESSS has championed the Sayamprabha Groups of Elders, providing vital psychosocial support to senior citizens over 60. These groups serve as crucial platforms for personal sharing and emotional ventilation, fostering a supportive community among participants.

Beyond emotional well-being, Sayamprabha actively encourages elders to initiate viable livelihood initiatives, promoting continued engagement and independence. The program also facilitates inter-generational bonding and collective action, ensuring seniors remain connected and active contributors to society.

Our commitment to honoring our elders was evident at two significant events:

- Sayamprabha Sangamam: On December 15, 2023, 301 participants gathered at Infant Jesus Hall in Ernakulam for this special event.
- An additional felicitation event was held on October 23, 2023, in Chathiyath.

These gatherings were dedicated to celebrating and recognizing the invaluable contributions of our elderly citizens.



Hope and Help: Rehabilitation of the Differently Abled

The "Hope and Help" program, in partnership with REHASWISS, is dedicated to the comprehensive rehabilitation and sustainable livelihood creation for differently-abled individuals from marginalized socio-economic backgrounds. Our core mission is to empower persons with disabilities by equipping them with specific skills, enabling them to lead dignified and independent lives.



Aj Jose Moolampilly -Petty shop

At ESSS, we believe in fostering self-reliance and inclusion. Through this program, we aim to break down barriers and create pathways to economic stability for a vulnerable population. In the current reporting period, we are proud to have extended crucial financial support to 21 families, enabling them to initiate their own income-generation programs. This direct support is instrumental in transforming lives, providing not just income but also a renewed sense of purpose and self-worth. Our approach extends beyond financial aid, encompassing skill development, counseling, and linking beneficiaries with relevant government schemes, ensuring a holistic and integrated rehabilitation process. By nurturing their innate capabilities and providing the necessary resources, the "Hope and Help" program actively contributes to building a more inclusive society where every individual, regardless of their physical abilities, has the opportunity to thrive.

"In Ernakulam, through the 'Hope and Help' project, ESSS is not just providing aid; we are igniting independence and sculpting dignity for the differently-abled, empowering them to build their own sustainable futures."



Micro Insurance Schemes

Insurance Department: Empowering Through Comprehensive Coverage

The ESSS Insurance Department is dedicated to providing crucial financial security and peace of mind to our community members by promoting various insurance schemes in partnership with leading national insurance companies. Our efforts ensure access to essential medical, life, and accidental death coverage, empowering individuals and families to lead more secure lives.

Our Key Insurance Schemes and Achievements:

1. Medi-claims

ESSS offers comprehensive mediclaim policies in collaboration with United India Insurance Co. and The New India Assurance Co., providing vital support for medical emergencies and critical illnesses.

- **Universal Health Insurance (United India Insurance Co.):** This scheme covers single individuals, families of 5, and families of 7, with a maximum limit per illness/hospitalisation of ₹50,000 and cataract coverage up to ₹25,000 per eye. Presently, 3,839 families (7,397 lives) are linked with this mediclaim policy.
 - Claims Report (Oct-Dec 2023): 198 claims totaling ₹32,30,720 were settled.
 - Claims Report (Jan-Mar 2024): 43 claims totaling ₹853,579 were settled.
- **Flexi Floater Group Mediclaim Policy (Critical Illness) (The New India Assurance Co.):** This policy provides a maximum medical assistance of ₹2,00,000 (₹1,00,000 per illness) for individuals aged 3 months to 65 years.
 - Coverage: 405 families are insured for critical illnesses with a premium of ₹4,000.
 - Claims: 6 claims totaling ₹6,00,000 were settled.
- **ARDHRAM Medical Benefit Scheme (MD-India TPA Comp.):**
 - Coverage: It covers single individuals, families of 5, and families of 7, with maximum limits per illness ranging from ₹15,000 to ₹50,000, and a sum insured of ₹100,000 for families of 7.
 - Enrollment: 2,974 families, covering a total of 5,423 lives, are enrolled in this scheme.
 - Claims (Apr-Jun 2024): 145 claims were passed, amounting to ₹24,28,424.
 - Key Achievement: Successful implementation and collection of 2,045 applications and premiums.

2. Micro Insurance

ESSS promotes micro-insurance policies in partnership with LIC of India to provide affordable coverage.

- **Jeevan Madhur, Jeevan Mangal, and Micro Bajath:** These policies are designed for individuals aged 18 to 55 years, with policy periods ranging from 5 to 15 years, and a sum insured from ₹5,000 to ₹2,00,000.
 - Jeevan Madhur: Facilitates nearly 3,010 persons.
 - Premiums Paid (Apr-Jun 2024): ₹1,61,629 for 522 policies.
 - Maturity Forms Submitted (Apr-Jun 2024): 31 forms.
 - Death Claims Submitted (Apr-Jun 2024): 1 claim.
 - Premiums Paid (Jan-Mar 2024): ₹260,996 for 792 policies.
 - Maturity Applications Submitted (Jan-Mar 2024): 64 forms.
 - Death Claims Submitted (Jan-Mar 2024): 3 claims.

3. Death Policy

- **Group Insurance (G.I. Policy) (LIC of India):** This policy provides death assistance of ₹50,000 or ₹100,000 with premiums of ₹200 or ₹400 respectively.
 - Members Insured (Apr-Jun 2024): 614 members (488 at ₹200, 126 at ₹400), with ₹148,000 paid to LIC.
 - Death Claim Passed (Apr-Jun 2024): 1 member, Sebastian Anoop Thammanam, received ₹50,000.
 - Members Insured (Oct-Dec 2023): 260 members (184 at ₹200, 76 at ₹400), with ₹67,200 paid to LIC.
 - Death Claim Passed (Oct-Dec 2023): 2 members, V.D. Vincent and Augustine Sajil, received ₹150,000.
 - Members Insured (Jan-Mar 2024): 318 members (281 at ₹200, 37 at ₹400), with ₹81,400 paid to LIC.
 - Death Claim Submitted (Jan-Mar 2024): 1 member, Sajan K.D., for ₹100,000

4. Pension Policy

- **Swaivalamban (Sureksha) (LIC / KLM):** This National Pension System scheme is designed for unorganized workers to help them manage their finances successfully, with an age limit of 18 to 40 years and a pension age of 60 years.
 - Enrollment: 4,296 laborers are enrolled in the scheme.
 - Active Members: Presently, 3,098 members are active, with 1,012 maturities.
 - Superannuation Submitted (Apr-Jun 2024): 23 to LIC and 15 to WIF.
 - Maturity Applications Submitted (Oct-Dec 2023): 25 forms.
 - Premium Paid (Jan-Mar 2024): ₹451,400 for 415 policies.

5. Personal Accident Policy

- **Uni Study Care Group Policy (Students Insurance) (United India Insurance Co. Ltd.):** This policy, implemented in association with the Catechism Department of Archdiocese of Verapoly aims to promote insurance awareness among students.
 - Benefits: Maximum death benefit of ₹100,000 for accidental child death, ₹200,000 for accidental death of earning parent, and accident medical cover up to ₹25,000 for the child.
 - Enrollment: 2,357 students are enrolled.
 - Premium Paid: ₹2,82,840 to UIIC.
 - Claims Submitted (Oct-Dec 2023): 3 claims, with 2 passed for ₹25,000 each.
 - Claims Submitted (Jan-Mar 2024): 1 claim passed for ₹25,000.

Servant of God Archbishop Joseph Attipetty memorial scholarship

The "Servant of God Archbishop Joseph Attipetty Memorial Scholarship" scheme, a collaboration with United India Insurance Company and the Catechism Department of Archdiocese of Verapoly, aims to foster insurance awareness among students. This policy provides a maximum death benefit of ₹100,000 for accidental child death, ₹200,000 for the accidental death of an earning parent, and accidental medical cover up to ₹25,000 for the child. A total of 2,357 students are enrolled, with a premium of ₹282,840 paid to UIIC.

Insurance Department: Empowering Through Coverage

- Regular meetings were conducted for medical insurance renewals and discussions with MD India officers, directors, and ESSS staff regarding the ARDHAM scheme.
- Data entry for CI Policy and Swavalamban policy premiums was completed.
- Swalamban annuation forms and correction forms were arranged and submitted.
- Orientation was provided to interns, and work was assigned in the Insurance department, including ARDHAM data entry.
- ARDHAM claim forms were checked, calculated, and 99 applications were submitted to MD-India for reimbursement.
- New links were established with Aster Medcity for medical camps and first aid programs.

The Insurance Department continues to work diligently to expand its reach and provide crucial insurance coverage to more beneficiaries, facing challenges such as increased claim ratios and rising premiums by proactively engaging with other insurance companies and taking swift action for additional premium collection.

Basic Infrastructure Development

Archbishop's Snehabhavanam Project: Fulfilling the Dream of Shelter

Recognizing shelter as a fundamental human right, the Archbishop's Snehabhavanam Project, a key initiative under ESSS's infrastructure development, empowers vulnerable and marginalized families, irrespective of caste or creed, to complete their house construction. This project is a testament to our commitment to achieving 'shelter for all' on a self-sustainable basis, turning the dream of a safe home into reality for the poor and homeless.

The success of this project is a collaborative effort, generously supported by parishes, benevolent well-wishers, and Self-Help Groups (SHGs). We extend our deepest gratitude to His Grace Archbishop Joseph Kalathiparambil for his profound support and humility in tirelessly raising funds for this vital cause.



In the 2023-24 reporting year, ESSS proudly supported 126 families, providing a total assistance of ₹3,105,000/- to beneficiaries. A significant fund distribution event took place on May 2, 2024, where Most Rev. Fr. Joseph Kalathiparambil, alongside Fr. Martin Azhikkakath (Director) and Fr. Jibin Mathirapilly (Asst. Director), distributed ₹345,000/- to 18 families.

ESSS plays a pivotal role in this social service, enabling countless families to finally have a place they can call home.



Thematic Area XI

Environment and Natural Resource Management

ESSS is deeply committed to fostering a sustainable environment and responsible natural resource management, aligning our efforts with the United Nations Sustainable Development Goals. Our paramount objective is the protection of Mother Earth, upheld through the strict adherence to a 'Green Protocol' as a core strategy to ensure a sustainable world for all.

Our comprehensive program focuses on several vital areas:

- **Water Conservation:** Promoting practices and initiatives to preserve this precious resource.
- **Organic Farming:** Encouraging eco-friendly agricultural methods for healthier produce and soil.
- **Kitchen/Terrace Gardens:** Empowering communities to cultivate their own food, even in urban settings.
- **Renewable Energy Sources:** Advocating for and implementing cleaner energy alternatives.
- **Social Forestry:** Engaging communities in tree planting and forest preservation efforts.

Beyond these core initiatives, ESSS actively participates in and organizes events such as Environmental Day Celebrations and the promotion of Paper Bag usage, reinforcing our commitment to environmental stewardship and raising public awareness. Through these diverse programs, ESSS is dedicated to creating a greener, more sustainable future for everyone.

Thematic Area XII

Financial Inclusion through Mythri Thrift Scheme

Launched in 2021, ESSS Mythri Nidhi Limited, under RBI oversight, champions women's economic empowerment. We believe in strengthening lives by offering accessible financial services tailored for women.

This vital new venture provides a specialized Savings Scheme, up to five years, empowering women to build financial resilience and independence.

- **Savings for Women:** Cultivating financial discipline and growth.
- **Loans with Security:** Providing capital for dreams, from business ventures to personal needs.
- **Death Benefit Schemes:** Offering peace of mind and crucial protection for families.

ESSS Mythri Nidhi is more than a financial institution; it's a partner dedicated to equipping every woman with the tools and support to thrive.

Thematic Area XIII

Legal Services

Community Mediation Centre

The ESSS Community Mediation Centre stands as a pivotal alternative dispute resolution mechanism, established with the support of the High Court of Kerala and the Kerala State Legal Service Authority. Inspired by the Supreme Court of India's vision for speedy grievance redressal, our center is dedicated to providing efficient and accessible justice for civil disputes.

The core principle of this program is to facilitate swift and amicable settlements through the collaborative efforts of the local community. Each center is staffed by trained mediators who expertly guide affected parties toward mutually agreeable resolutions, avoiding prolonged litigation. This initiative ensures that individuals receive timely justice, reinforcing community harmony and empowering neighbors to actively participate in peaceful conflict resolution. The Community Mediation Centre truly embodies our commitment to accessible and swift justice for all.

Thematic Area XIV

Animation

Cultivating Capacity for Enhanced Impact

Animation at ESSS is a systematic and vital process dedicated to enhancing the knowledge, skills, understanding, values, motivation, and overall capabilities of our diverse stakeholders, including employees, village organizers, Self-Help Group (SHG)/Federation leaders, and dedicated volunteers. This continuous capacity building directly fuels positive organizational outcomes, strengthening our competitiveness and overall performance.

A cornerstone of this effort is 'Darsan', our flagship program for capacity building and leadership skill development specifically tailored for social ministry coordinators. Beyond Darsan, our comprehensive animation activities include:

- Capacity Building of Staff: Equipping our team with the latest skills and knowledge.
- Village Organizers Zonal and Review Meetings: Fostering collaboration and performance evaluation among grassroots leaders.
- Capacity Building Sessions: Regular programs at central and regional levels for SHG/Federation leaders, empowering them to drive community development.

Through these concerted efforts, ESSS ensures a skilled, motivated, and highly capable network, maximizing our collective impact on the communities we serve.

Empowerment of Children through Kuttikootam

ESSS is deeply committed to the holistic development of children, regardless of their caste, creed, or religion, through strong partnerships with families, schools, churches, and Self-Help Groups (SHGs).

Kuttikootam (Children's Nature Club) provides a vibrant platform for marginalized children aged 5-17 to foster their overall growth. With the dedicated supervision of our Kuttikootam animators, 68 active groups currently conduct regular meetings, nurturing a supportive environment for development.

Complementing this, the Jeevajyothi - a Value-Based Training Programme offers targeted skill enhancement. Organized by Prof. Monamma Kokkad, a member of the Minority Commission, and led by Mr. Jomet John, a seasoned children's groomer, this one-day session engaged approximately 85 children. The training focused on vital aspects such as personality development, cultivating positive attitudes, building confidence, and honing essential leadership skills, equipping participants for a brighter future.

Internship 2023-2024

Cultivating Future Leaders: The ESSS Internship Programme

The ESSS Internship Programme in Ernakulam offers college students an unparalleled opportunity to immerse themselves in the multifaceted world of social work, gaining invaluable theoretical knowledge and practical, hands-on experience. Interns receive comprehensive orientation and training at the ESSS center, establishing a strong foundational understanding. This theoretical grounding is immediately complemented by diverse field experiences, directly aligning with our mission and vision. Practical social work unfolds through:

- **Community Organization:** Engaging with various groups, including women's Self-Help Groups (SHGs), M-SHGs, Kuttikootam (Children's Clubs), and Sayamprabha (Elderly Self Help Groups).
- **Clinical Social Work:** Gaining vital experience at the Aswas Counselling Centre.
- **Geriatric Care:** Practical exposure at the Geriatric Centre of Providence Road.
- **Palliative Care:** Social work experience in Vypeen.
- **Educational Social Work:** Working with special schools in Kakkanad and Vadel.

Throughout their Internship, participants are deeply involved in practical projects, interactive workshops, impactful community engagement initiatives, and direct social action. This comprehensive approach ensures interns are not just observers but active contributors, addressing societal needs and contributing significantly to the vision and mission of ESSS. The programme truly equips the next generation of social work professionals.

Impacts & Outcomes 2023-2024

The Ernakulam Social Service Society (ESSS) has made significant strides in empowering individuals and communities throughout 2023-24, demonstrating a deep commitment to sustainable development and social justice. Our multifaceted programs have yielded tangible results, positively impacting thousands of lives.

Quantified Impact & Key Performance Indicators (KPIs)

Our efforts are underpinned by measurable progress across various initiatives:

- **Women Empowerment Through Self-Help Groups (SHGs)**
 - 510 women's SHGs are actively functional, comprising a total membership of 10,200 individuals.
 - These groups operate under 59 federations, with 11 federations celebrating joyous anniversaries this year.
 - 5 new SHGs were established, significantly broadening our community engagement.
 - An Accounts Class equipped 34 participants with essential accounting skills.
 - Our paper collection campaign contributed essential financial aid to Ashakirnam Cancer Care, with top federations raising ₹31,450 (Thanaya Federation), ₹16,000 (Jasmine Federation), and ₹15,000 (Amaia Federation).
 - ESSS hosted a delegation of 56 members from Karnataka, who studied our effective SHG operations.
 - 4 SHGs completed 25 years of dedicated service.
- **Empowering Men Through SHGs**
 - 325 men's SHGs are functional under the ESSS umbrella, boasting a remarkable total membership of 6,500 individuals.
 - These groups are cohesively organized under 28 federations.
 - The International Men's Day Celebration drew an impressive gathering of 870 participants.
 - We recognized 29 pioneering Men's SHGs for over 20 years of unwavering service.
 - Awards were distributed to 6 Best Village Organizers, 8 Best Men's SHG Federation Coordinators, 7 Best Men's SHG Federations, and 18 Best Individual Achievers.
 - A new Men's SHG was successfully formed in NAD Aluva.
- **Micro-Enterprise Development Programme & Skill Training**
 - The ESSS DP World Centre for Learning, a significant new venture, was established with CSR funding from DP World Kochi.
 - A specialized LED Bulb manufacturing training program equipped 7 participants with practical skills for entrepreneurship.
 - A three-month tailoring training program saw 43 individuals successfully complete the course, equipping them for their own ventures.
 - Two vital Joint Liability Group (JLG) training programs, supported by NABARD, engaged 123 JLG members on October 25, 2023 and 143 members on November 15, 2023.
- **SAJEEVAM: Anti-Drug Campaign**
 - An Anti-Drug Christmas celebration engaged 147 participants from across the diocese.
 - Sajeevam anticipates forming approximately 65,000 task force members after July 2024 to combat drug abuse at the grassroots level.
- **Labour Department**
 - The Kerala Tailoring Workers Forum (KTWF) has been instrumental in enrolling tailoring workers in the Kerala Tailoring Workers Welfare Fund Board.

Impacts & Outcomes 2023-2024

Qualitative Impact

Our programs extend beyond numerical achievements, fostering profound positive changes within communities:

- **Empowerment and Decision-Making:** Women's SHGs have significantly enhanced participants' capacity for decision-making, increased savings, and improved social mobility, facilitating their participation in social, economic, and political activities.
- **Community Cohesion and Support:** Both women's and men's SHGs serve as vital platforms for building skills, instilling confidence, and fostering strong networks of allies, enabling members to collectively address challenges and pursue shared goals. The anniversaries of federations beautifully showcased unity and dedication.
- **Economic Independence & Livelihood Enhancement:** Our micro-enterprise development and skill training programs equip individuals with knowledge, practical abilities, and confidence to manage enterprises, secure sustainable employment, and achieve long-term economic stability.
- **Social Justice and Welfare:** The Labour Department, through initiatives like the Keraia Labour Movement (KLM) and its various forums (KDWF, SNTU, KTWE, UWF, KMTF), tirelessly champions the dignity, rights, and well-being of workers across all sectors, advocating for fair wages, workplace safety, and social security.
- **Public Welfare and Awareness:** Initiatives like 'Thannirpanthal' demonstrate our unwavering commitment to public welfare by providing essential services like free drinking water during summer. Our anti-drug campaigns promote a healthier, drug-free society, reinforcing commitment to a life free from addiction.



Facts & Figures

Income and Expenditure

SRINAGAR SOCIAL SERVICE SOCIETY PROVIDENCE SCHOOL SRINAGAM - 190 013 Consolidated Income & Expenditure Statement for the year ended 31st March 2024			
EXPENDITURE	₹	INCOME	₹
In Opening Stock		By Receipt from Donors (Details)	
2023 Material	80,000.00	Education - Book/Bank/Stationery	20,07,780.00
House - Big Material	84,800.00	Maternity Training	11,00,700.00
	1,64,800.00	Provisional Income	11,73,700.00
Revenue & Maintenance		Researcher with Good Physically	4,77,000.00
Revenue - Fuel/Oil/Transport	30,000.00	Administrative Income	2,00,000.00
Revenue & Maintenance	30,000.00	Interest on Bank/Post	1,00,700.00
Compensation to Employees		Service Charge	7,70,000.00
Salary & Allowance	1,00,000.00	Cart Rent	1,00,700.00
Gratuity	2,00,700.00	Prepared City Commission	1,70,000.00
Medical Allowance	2,70,000.00	Registration Fee	80,000.00
Salary to Project Officer	80,000.00	Processing Charge	50,000.00
Traveling Allowance	2,00,000.00	Donation for Contact Case	10,000.00
	4,40,700.00	Donation from House	80,000.00
Professional/Consultancy Fees		House Furnishings	85,000.00
Professional Charges	1,00,000.00	Project Collection	4,000.00
Staff Welfare & Expenses		Donation - Government	1,000.00
PF Contribution	1,70,000.00		71,40,000.00
ED Contribution	30,000.00	Interest Income	
Staff Welfare	2,00,000.00	Bank Interest	2,000.00
Government & Travelling Expenses		Other Income	
Traveling Expenses	4,00,000.00	Interest Income	2,000.00
Donations		Other Income	
Donation from House & Post	2,00,000.00	Bank Interest	80,000.00
House & Post	1,00,000.00	Interest Income	
General Expenses on New Building	40,000.00	Interest Income	8,00,000.00
Gratuity	70,000.00	Interest - Building Bank	2,70,000.00
Building material (Donation in Paid)	2,000.00	Interest - PF	2,00,000.00
ED in Maintenance	2,000.00	Interest on Electricity Supply	20,000.00
	22,00,000.00	Other Income	
Medical Fees		Medical Income	80,000.00
Donation for Contact Case	8,00,000.00	Other Collection	
Contact Case Collection	2,000.00	Provisional Income	1,00,000.00
Medical Collection Programme	1,000.00	Bank Post Revenue	1,70,000.00
Health Camp	100.00		8,00,000.00
Medical Camp	200.00	Opening Stock	
	9,00,700.00	2023 Material	80,000.00
Interest Income		House - Big Material	84,800.00
Interest Income	8,000.00		1,64,800.00
Bank Fee			
Bank Fee	1,70,000.00		
Notes & Taxes			
Building Fee	1,00,000.00		
Land Fee	700.00		
	1,00,700.00		
GR	80,00,000.00	GR	8,00,000.00

Facts & Figures

Income and Expenditure

BT	2022/2023	BT	2022/2023
IN Income			
Building Income	61,000.00		
Service Income	21,000.00		
	82,000.00		
EXP Expenditure			
Building Charges	3,143,000.00		
Accident Related Charges	221,750.00		
Printing & Stationery	1,823,000.00		
Multi Day Catering	1,00,000.00		
Security & Cleaning	1,30,000.00		
Postage Charges	1,00,000.00		
Waste Management	1,00,000.00		
Office Expenses	86,071.00		
Security Day Catering	86,000.00		
Office Expenses	82,000.00		
Insurance Day Expenses	82,000.00		
Maintenance Expenses	82,000.00		
Security & Cleaning	40,000.00		
Personal Indemnity Fee	32,000.00		
IT & Cloud	30,000.00		
Subscription & Periodicals	24,000.00		
Concussion & Injury Management	22,000.00		
Autism Multi-Credit Programs	22,000.00		
IT Training	20,000.00		
ITC Expenses	20,000.00		
ITC Loan Reduction Expenses	20,000.00		
Insurance & Cleaning Expenses	20,000.00		
Waste Charges	20,000.00		
Security Management	18,000.00		
Waste Charges	18,000.00		
Waste Loan Expenses	15,000.00		
Loan Service Charge	4,000.00		
Administrative Expenses (P.D.F.)	3,000.00		
Green & Maintenance	1,000.00		
Insurance Charges	1,000.00		
Waste & Cleaning Expenses	1,000.00		
Waste Recycling Charge	1,000.00		
Insurance Expenses	1,000.00		
Administrative Expenses	1,000.00		
Finance & Control	1,000.00		
	1,00,000.00		
BT	1,00,000.00	BT	1,00,000.00

Facts & Figures

Income and Expenditure

2023		1,01,27,911.28	2022		1,08,33,001.44
To Other Payments					
Interest on Bank Loans	51,40,000.00				
Interest Paid	1,00,000.00				
2022 Payments	97,50,000.00				
2022 Loan Fee	50,000.00				
2022 Interest	21,600.00	51,27,000.00			
2022 Balance		50,00,000.00			
2022 Balance of Income over Expenditure		9,00,000.00			
Total		1,01,27,911.28	Total		1,08,33,001.44


 MR. ANTONY J. ANTONY
 (Chairman)

Chairman
 10/10/2024



Subscribed and Verified
 Mr. G. S. JOSEPH & CO.
 Chartered Accountants

Auditor
 10/10/2024

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Balance Sheet

POPE FRANCIS



GENERAL BODY

Rev. Fr. Martin Ashikkakath

Very Rev. Magr. Mathew Kallinkal, Vicar General

Very Rev. Magr. Mathew Elanpallam, Vicar General

Very Rev. Fr. Edgim Arackal, Chancellor

Very Rev. Fr. Mathew Sojan Mallekal, Procurator

Rev. Fr. Jackson Vadasserry

Rev. Fr. Jerome Chamminkodath

Rev. Fr. Antony Raphael Komaranchath

Rev. Fr. Jibin George Mathrappilly

Adv. L. Aloysius Thomas

Director, Little Flower Engineering Institute

Mother General, CIC Generalate

Superior, Vimalalayam

Rector, St. Joseph's Minor Seminary

Director, Holy Angel's Institute

Director, Lourdes Hospital

Chev. Dr. Henry Anjparambil

Mr. K.K. Raphael

Mr. Vipin Jose M.J.

Mr. Donatide C.I.

Sr. Treasa Sijgi SMDG

Dr. Tilson Desassy

Mr. E.S. Jose

Mr. Joseph Jude

Prof. Beena P.J.

Mr. Thomas Ravit

Dr. Ragava Henry

Dr. Gladis Mary Thambi

Ms. Valerie Ahras

Ms. Juliet Daniel

Prof. Lucy Jojo

Mr. Shaji George

Mr. Babu Thannukottu

Dr. Giliam M.J.



ESSS

Staff Members

Director	: Rev. Fr. Martin Arhikkakath
Assistant Director	: Rev. Fr. Jibin George Mathirapilly
Administrator, Ashakiranam, Hope & Help and Snehabhavanam Co-ordinator	: Sr. Treesa Silgy
Project Officer	: Dr. Titson Devassy
Accountant	: Ms. Moly Josey
Men SHG, Disaster Management & Sayampraba Co-ordinator	: Mr. Vipin Joe
Insurance Department Team Leader	: Ms. Saly Sabu
SHG & Community Health Department Co-ordinator	: Sr. Mary Thomas
Credit & Micro-Enterprise Development Programme Co-ordinator	: Ms. Secma Roy
Credit & MEDP Team Member	: Ms. Rahlyanath ashraf
Financial Inclusion	: Annie Robert
Labour Department Co-ordinator	: Ms. Sherin Babu
FDP Co-ordinator	: Ms. Steffy Stanly
Kuttikootam Co-ordinator	: Ms. Sija Jony
Environmental & Natural Resource Management Co-ordinator	: Ms. Liji George
Regional Co-ordinator	: Mr. Josey Kottiyath Ms. Shaila Attipetty Ms. Liji TJ
Cashier	: Ms. Joan Deepak
House Keeping	: Ms. Carmaly Saju Ms. Philomina Tomy

MAJOR PROJECT PARTNERS SINCE 1962



OUR ASSOCIATES

- ▶ Ahalia Foundation Eye Hospital, Palarivattom
- ▶ Little Flower Hospital & Research Centre, Angamaly
- ▶ Federal Bank Ltd.
- ▶ Alpha Dental & Eye Hospital, Kaloor
- ▶ Corporation Bank
- ▶ Aster Medcity, Ernakulam
- ▶ Chaithanya Eye Hospital & Research Institute
- ▶ Amrita Hospital, Edapally
- ▶ Canara Bank
- ▶ South Indian Bank
- ▶ Union Bank of India
- ▶ Bank of India



Ernakulam Social Service Society (ESSS)

ARCHDIOCESE OF VERAPOLY

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