



Patrons Message

Invest all our energy with creativity and responsibility.

Pope Francis

The world is recovering slowly from the Covid-19 pandemic. We all are struggling to get back into normal life. Since the impact of Covid-19 on us is enormous, shaking every aspect of human life, it is not an easy task. We need determined efforts to restore the lives and livelihood of millions devastated by the Covid-19 pandemic. Explore how the impacts of covid-19 may continue to affect our lives in the long term. We have to measure its gravity and intensity in the lives of the poor and the marginalised. Also, the situation demands us to identify decisions and actions that will improve resilience to the rapidly changing world. It is the time to think beyond "recovering from the crisis" to "more sustainable solutions" in the long run.

I appreciate the humanitarian assistance ESSS provided to the poorest of the poor in our society. I am delighted that you were in the forefront to provide food, masks, sanitisers, hand wash, medical equipment and all other essentials, along with love and care to the most vulnerable and oppressed. But it seems that our mission is not fulfilled yet. The thousands who lost their dear ones, livelihood, health and hope are looking at us for compassion. We have to listen to them – the women, children, aged, differently-abled, unorganised workers, migrant workers and fishers. We should invest our time and energy to restore their lives and bring smiles to their face once again. That is the gospel of Jesus Christ we all are preaching.

As the common adage goes, "A journey of a thousand miles begins with a single step" we should also start new and innovative projects and programmes to help those in need. We should widen our networks and relationships to mobilise all kinds of possible resources to address the needs of our society. ESSS's new initiatives assume significant importance in this context as these efforts are vital to continuing our mission and delivering justice to all. I am sure despite the obstacles, we will thrive together. For this, a united effort from all of us is important. The president, General Body, Governing Council, staff, village organisers of ESSS and its stakeholders should set their goals together, making a better society and a better tomorrow.

I use this opportunity to congratulate Fr. Martin Azhikkakath, the President and Director of ESSS, Fr. Jibin George Mathirappilly, the Assistant Director of ESSS, the General Body Members and the Governing Council Members for their wholehearted support and dedication. I know it is not possible to climb heights without the enthusiasm and commitment of ESSS Staff, Village Organizers, and Leaders of Community-Based Organisations. I do congratulate all of them for the love they were showing toward ESSS and the Archdiocese of Verapoly. I appreciate the generous and kind-hearted contribution of our partnering agencies in supporting ESSS in its efforts to make the life of our brothers and sisters more valid and dignified.

May God Bless You All.

+Joseph Kalathiparambil
Metropolitan Archbishop of Verapoly



ESSS ANNUAL REPORT 2021-2022

Director's Message

Ernakulam Social Service Society (ESSS), the social action wing of the Archdiocese of Verapoly, is completing its glorious VOYAGE of 60 eventful and remarkable years of excellence in the sector of social empowerment. A prayerful tribute to Servant of God Archbishop Joseph Attipetty, its founder Patron and Fr. Jerome Payyappilly OCD, the founder Director. I do respectfully pay homage to the late Archbishops and the Directors who played a major role in fostering the spirit of generosity and commitment to the marginalized sections of the society.

ESSS, as a reputable agent of change and development, has imprinted a relevant signature in each event and venture designed by the visionaries and well-wishers who helped in realizing the great dreams in last 10 decades of history. I do cherish the monumental memories of pain and struggle, challenges and problems, motivation and criticism, failure and success that enabled the large VOYAGE SHIP of ESSS to reach its destinations quite safe and sound.

The hard work and pain put in by the Directors, Assistant Directors, Governing as well as General Body members, Priests, Religious Sisters, Office Staff, Village Field Organizers, Social Ministry Co-ordinators, the Lay leaders, benevolent Donors, generous Funding Agencies need a much appreciated mention at this great moment of Diamond Jubilee celebration.

The various departmental activities, programmes, projects, social initiatives and interventions by ESSS to uplift the poor, the needy, the challenged, the marginalized and the down-trodden, have made a remarkable impact in different scenario of social, cultural, economic, health, educational and spiritual upliftment in our society.

I do bow my head and heart before God Almighty for His abundant showers of blessing at ESSS all throughout and the intercession of St. Joseph, our heavenly Patron. I do also share with all of you the joy and blessings of this great Diamond Jubilee of ESSS. May the Almighty assist us in continuing this eventful VOYAGE to great destinations.

Yours lovingly,

Fr. Martin P. Azhikkakath

President & Director, ESSS.



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ESSS: A Brief Introduction

The year 2022 marks the diamond jubilee of Ernakulam Social Service Society (ESSS), the official organisation for social action of the Archdiocese of Verapoly. ESSS was established on 28th August 1962 by the first indigenous Archbishop of the Archdiocese of Verapoly, the servant of God Archbishop Joseph Attipetty and Fr. Jerome Payapilly OCD. It has been registered under the Travancore Cochin Literary, Scientific and Charitable Societies Regn. Act XIII of 1955 in 1962 (Reg. No. ER- 8/1962) to do community organising and socio-economic programmes for the socially and economically disadvantaged sections of the area, irrespective of caste, creed and religion, in the districts of Ernakulam and Trichur, the central region of Kerala, India. Since then, ESSS has been fostered under the patronage and leadership of dedicated and committed Archbishops and directors. In this journey, ESSS has taken sides with the poor and the marginalised people to end poverty and social injustice.

Archbishop of Verapoly is the Patron of Ernakulam Social Service Society. The President and Director of ESSS are guided and supported by a highly resourceful General Body and Governing Council. Presently there are 37 General Body members, and the Governing Council is responsible for the day-to-day basis functioning of the society. Currently, 7 members are in the Governing Council of ESSS under presidentship of Fr. Martin Azhikkakath. Under his leadership, well-trained and professionally qualified staff members (21) work at the organisational level. Further, ESSS is blessed with 125 highly committed and motivated village organisers to voluntarily animate and monitor the grassroots level activities. Nearly 1500 community-based organisations of women, men, elderly, children and unorganised workers are the added advantage of ESSS.



Just and self-reliant society with highly resourceful people living in harmony and mutual help.



Ernakulam Social Service Society (ESSS) is committed to promote, support and sustain the socio-economic and developmental initiatives of the poor and the marginalised through social mobilisation, empowerment and decentralisation.



ACHIEVEMENTS ESSS IN NUMBERS

Families Covered	52335
Members in Women SHG	9830
Members in Men SHG	4112
Labours Mobilised	9684
Members in Swathanthra Nirmana Thozhilali Union (SNTU)	463
Members in Kerala Tailoring Workers Forum (KTWF)	1890
Members in Kerala Domestic Workers Forum (KDWF)	3445
Members in Children's Group (Kuttikootam)	684
Differently Abled	2248
Widows	1836
Spinsters	865
Members in Elders Self Help Groups (Sayamprabha)	1392
Families Covered in Health Insurance	3870
Membership in Critical Illness Policy	408
Membership in Group Insurance Policy	2417
Members in Grihasuraksha	195
Swavalamban	586
Jeevan Madhur	4405
Servant of God Archbishop Joseph Attipetty – Memorial Insurance for Students	2898
ESSS Volunteers	3157
Task Force Members	200
Project Beneficiaries	5818





Areas of Intervention

01	Disaster Management & Emergency Response ESSS involved in emergency response, rehabilitation and recovery of disaster-affected people and communities and ensures humanitarian assistance to the poor and disaster-affected families.
02	Gender Equality & Empowerment of Women & Girls ESSS indulges in gender mainstreaming and women empowerment by promoting women's self-help groups and leadership.
03	Poverty Eradication ESSS is sponsoring most financially vulnerable and socially disadvantaged families for six years through the Family Development Programme funded by Save A Family Plan India.
04	Decent Work & Labour Development ESSS Labour department collaborates with trade unions and governmental and non-governmental agencies to ensure decent working conditions for unorganised workers, including migrant workers.
05	Livelihood Enhancement. ESSS department of micro-enterprises development programme (MEDP) provides certified self-employment training in collaboration with government agencies like Jan Shikshan Sansthan and credit linkage with various banking and non-banking financial institutions, including Kerala State Backward Classes Development Corporation (KSBCDC)
06	Financial Inclusion ESSS established a new independent company, ESSS - Mythri Nidhi Limited, to ensure the financial inclusion of the poor and marginalised people. The department also promotes bank linkage across all target groups.
07	Good Health & Well Being The ESSS department of Community Health collaborates with different hospitals and governmental and non-governmental agencies to promote the health and well-being of all target groups.
08	Social Security ESSS links individuals and families, especially the poor and vulnerable, to cope with governmental and non-governmental agencies to avail possible social security benefits and to lift them above the poverty line.



9	Child Development As the quality of child's early experiences makes a difference in their development, ESSS aims to create a favourable environment and opportunities for nurturing children's scholastic and personality development through social mobilisation and capacity building.
10	Involved Development of Elders ESSS strategises the empowerment of senior citizens through social mobilisation, livelihood enhancement and providing psycho-social support.
11	Empowerment of Differently Abled Through the Hope and Help project, ESSS facilitates the community-based rehabilitation of differently-abled people by providing livelihood assistance and interest-free credits.
12	Mainstreaming of Distressed Groups- Spinsters, Widows ESSS encourages and supports Spinsters and Widows to overcome stigma by facilitating their economic, psycho-social and emotional development.
13	Environment & Natural Resource Management ESSS department of environment and natural resource management is involved in curtailing pollution, energy conservation and promoting sustainable use of natural resources and rural and urban afforestation.
14	Water, Sanitation & Hygiene The core pillars of the water, sanitation and hygiene programme include awareness generation, preventing infectious and waterborne diseases and creating and promoting replicable models of eco-friendly toilets.
15	Shelter Programme Through Archbishops Snehabhavanam Project, ESSS aims to partially fulfil the housing needs of poor and marginalised families by helping them complete their house construction.
16	Conflict Resolutions ESSS is a government and High Court of Kerala recognised agency for alternate dispute resolving through community mediation. It also focuses on providing legal literacy and guidance.



Major Snapshots of the Year

Humanitarian Assistance to Covid Victims

The coronavirus disease 2019 (COVID-19) outbreak has resulted in a worldwide crisis. The threat of the Covid -19 was not limited to the sphere of public health, but it induced social and economic disruptions across the world, affecting millions. Despite the dearth of resources due to consecutive disasters, ESSS were able to help the people by offering humanitarian assistance and support to restore their lives and livelihood. The major activities of ESSS during the Covid-19 are:-

Stella Maris Support for Indian Seafarers and their Families in Kerala During Covid-19

Seafarers, fishers and their family members were at a heightened risk of poverty due to the pandemic. This is because people were more unemployed due to continuous lockdown, low access to social protection and financial support, and experiencing disruption of social support and rehabilitation services during the pandemic. This has made the struggling seafarers and fishers feel low and frustrated. Ernakulam Social Service Society (ESSS) and the Archdiocese of Verapoly implemented a special project with the financial support of Seafarers International Relief Fund and Stella Maris for Seafarers and fishers in Ernakulam. The major components of the programme are as listed below:

Food Kits for Families

Through this project, ESSS and the Archdiocese of Verapoly provided food parcels to 1100 selected families of seafarers and fishers weekly for three continuous months abiding Covid-19 protocol of the Government of Kerala and district administration. The beneficiaries were identified through parish level Covid Help Desks of the Archdiocese of Verapoly, elected members of local self-governments, ESSS village organisers and Mythri federations.



Psycho-Social Support for Seafarers and their Family Members

The project also funded **Albert's Maritime Institute (AMI)** to support seafarers and their family members through tele-counselling, psycho-social support and yoga practices. Albert's Maritime Institute provided preliminary counselling to 1185 seafarers and their family members in the first phase. In which 596 persons were children of seafarers. From that, the counselling team identified 879 more vulnerable persons for follow-up sessions. Further, follow up were provided to 631 persons who needed continued assistance. Here, the primary aim was to engage in positive activities (e.g., sports, hobbies, etc.), get adequate rest and a healthy diet, and maintain a normal and consistent work and rest schedule.

Food Kits to AIM

Apart from this ESSS provided food kits to the children of seafarers and fishers in the Albert's Maritime Institute.

Installation of Medical Oxygen Plant

The current Covid-19 pandemic exposed diminutives in the health care system, including a shortage in medical oxygen worldwide. Hence, improving our hospitals' medical infrastructures is very important in minimising the death rates among the Covid affected. The project supported **Lourdes Hospital, Ernakulam**, to establish a new oxygen concentrator with the support of the project. It was beneficial to the hospital to save many Covid patients' lives.

Food Kits to Lourdes Hospital

ESSS also provided food kits to the most financially backward and vulnerable health professionals during the Covid-19 pandemic.

Corona Emergency Help Supported by Aid to Church in Need (ACN)

The project is intended to support struggling communities by providing humanitarian assistance to meet their basic needs.

Provisional Support to Vulnerable Villages

- ★ Provided Food Kits to 240 vulnerable families from 20 villages
- ★ Provided Electric OTG to 20 vulnerable persons.
- ★ Provided Hygienic Kits containing pulse oximeter, digital thermometer and vaporiser and hygienic materials like masks, sanitiser, and hand wash to the selected persons from 20 villages.
- ★ Provided dress materials to 400 vulnerable persons.



Provisional Support to Community of Sisters

- ★ Provided food kit containing essential materials to the selected community of Sisters.
- ★ Electric OTG to 21 communities of Sisters
- ★ Provided Medical and Hygienic Kit containing pulse oximeter, digital thermometer and vaporiser and hygienic materials like masks, sanitiser, and hand wash to the selected communities of Sisters.



Provisional Support to Catechists

- ★ Provided 1000 Dry Ration Kits to catechists.
- ★ Provided Hygienic Kit containing pulse oximeter, digital thermometer and vaporiser and hygienic materials like masks, sanitiser, and hand wash to the 84 selected catechists from different villages.
- ★ Provided financial support of Rs. 5000 to the poorest of poor catechists towards the covid treatment.



Caritas India Covid Assistance

Medical Kit

ESSS, with the Support of Caritas India, Catholic Mission, Australia, Syro Malabar Eparchy of St. Thomas the Apostle, Melbourne and Kerala Catholic Bishops' Council (KCBC), provided 100 Medical Kits (containing a Pulse Oximeter, Digital Thermometer, Vaporizer, N-95 Mask, Hand Wash and Sanitizer) to the members of ward level Disaster Management Committees, cancer patients, covid affected families and families of covid deceased.

Oxygen Concentrator

Portable oxygen concentrators are life-saving medical devices, and they supplement oxygen to people with pulmonary difficulty. During the 2nd wave of the COVID-19 pandemic, the surge of new infections has resulted in an alarming increase in the number of active cases. The resultant stress on our public health infrastructure has led to a significant spike in demand for oxygen concentrators. The Oxygen Concentrator provided by Caritas India and Caritas Germany greatly supported ESSS during the pandemic.

Distribution of Covid Test Kits

ESSS with the support of Peerless Biotech Private Ltd chennai, provided 10,000 Covid-19 test kits to Parakkadavu & Thankamani Grama Panchayats during 2nd wave of Covid-19.



Food Kit Distribution of ESSS

To support the most financially struggling families during the pandemic, ESSS with funding of different agencies and well-wishers provided food kits containing essential groceries and pulses. The details of the food kit distribution is as listed below:-

I. No	Category	No of Kits Distributed
1	Women SHG	3160
2	Men SHG	1285
3	Sayamprabha	590
4	Domestic Worker Group	500
5	KLM Units	414
6	FDP Families	300
7	Differently Abled Persons	100
8	Cancer Patients	50
9	Families of Covid Deceased	50
10	Kadamakkudy Panchayat	1300
11	Economically & Socially Backward Families	15000
12	Migrant Workers	350
Total		23099

Snehasanthwanam

ESSS organised 'Snehasanthwanam' to pay homage to the deceased family members of ESSS (Members of ESSS General Body & Governing Council, and members of different community-based organisations). Patron of the society & Metropolitan Archbishop Dr. Joseph Kalthiparambil, consoled the family members of the dead. During this programme, ESSS distributed financial assistance to the – families of the deceased.



Vaccination Camps

COVID-19 vaccines provide strong protection against serious illness, hospitalisation and death. There is also evidence that being vaccinated will make it less likely to pass the virus on to others, which means your decision to get the vaccine also protects those around you. But initially, there was a lot of confusion about vaccination, especially for migrant workers, due to its shortage and registration in the Cowin portal.

ESSS organised two vaccination camps on 17th October 2022 and 24th October 2022. The first vaccination camp was in association with Shri. Hibi Eden M.P, Ernakulam, Indian Medical Association (IMA), Sree Sudheendra Medical Mission Hospital, Ernakulam and the Conference of Catholic Bishops of India (CCBI) Migrant Commission. The second camp was organised in association with Lourdes Hospital Ernakulam. In both camps, priority was given to migrant workers and their families. To sensitise the migrant workers about the importance of covid-19 vaccination and provide information about the programmes, ESSS staff visited the shops, establishments, markets, hotels, and work sites around Ernakulam City. Overall, 806 persons were vaccinated in the camp. In that 370 are migrant workers and 436 local people.



the Conference of Catholic



Tauktae Cyclone Support

Cyclone Tauktae formed in the Arabian Sea created a lot of havoc - heavy rain accompanied by fierce winds, high tidal waves and extensive sea incursion across the coastal belt of Kerala along with other coastal states of India on the western side on 14th to 17th May. The entire coastal villages under ESSS and the Archdiocese of Verapoly were heavily affected by the cyclone and heavy rain.

Major Activities Undertaken

- ★ ESSS & Archdiocese of Verapoly, with the help of panchayats and the revenue department, opened relief camps in St. Peters School, Valappu & Assisi Vidyaniketan School, Njarakkal.
- ★ Most. Rev. Dr Joseph Kalathiparambil, Archbishop of Verapoly, called an emergency meeting of the Archdiocesan Emergency Response Team and reviewed situations carefully and entrusted ESSS to coordinate the relief work immediately.

Emergency Relief Works were carried out with the help of Caritas India.

- ★ Provided dry ration and hygienic kit to 405 families of Elamkunnappuzha, Nayarambalam & Edavanakkad Panchayats.
- ★ Provided medical kit of a pulse oximeter, digital thermometer, and vaporiser to 100 families of Elamkunnappuzha, Nayarambalam & Edavanakkad Panchayats.
- ★ Provided dress materials (night dress and dress materials) to 200 women from Elamkunnappuzha, Nayarambalam & Edavanakkad Panchayats.



ESSS Centre for Learning

ESSS Centre for Learning is a newly initiated Knowledge Hub of ESSS, designed to provide government and other agency certified life and vocational skill training, awareness programmes and capacity building workshops to enhance the knowledge and livelihood options of poor and marginalised, including school dropouts. For this, ESSS primarily joined hands with the Central Ministry of Skill Development and Entrepreneurship through Jan Shikshan Sansthan (JSS).



Visit by Shri. Rajeev Chandrasekhar, Union Minister

Union minister for state for the Ministry of Skill Development and Entrepreneurship Shri. Rajeev Chandrasekhar visited ESSS Centre for learning on 12th November 2021, as part of visiting the Jan Shikshan Sansthan training centers. He interacted with the alumni of the training centre, current students and teachers of different JSS training courses. Dr N. Madhu, JSS Vice-Chairman, accompanied the minister on this occasion. Fr. Martin Azhikkakath, ESSS Director and Ms. Mary C. G, Director, JSS Ernakulam, Coordinated the programme. Minister distributed the certificates for successfully completed students on this occasion. An exhibition of different products prepared by the students was also organised as part of the visit.



Legal Awareness Programme

Observance of Human Rights Day

ESSS observed Human Rights Day by organising a webinar on Laws Related to Women, Children & Families. Adv. Suresh P.G was the chief resource person. Fr. Martin Azhikkakath, Director of ESSS, presided over the webinar. Mr. Titson Devassy, Project Officer, ESSS, moderated the session.

Azadi Ka Amrit Mahotsav

The District Legal Services Authority (DLSA) joined hands with ESSS to organise the valedictory function and legal awareness programme as part of their one and half month-long legal awareness campaign in connection with the National Legal Services Authority's (NALSA) pan- India legal awareness and outreach programme to celebrate the 75th year of Indian independence in the name of Azadi Ka Amrit Mahotsav. Hon'ble Mrs Justice Sophy Thomas, High Court Judge of Kerala, inaugurated the programme. Ms. Honey M Varghese, District and Sessions Judge and Chairperson of DLSA, presided over the function. Very Rev. Msgr. Mathew Kallinkal, Vicar General, Archdiocese of Verapoly, and Mr Suresh P. M., Sub Judge and Secretary, DLSA, also participated in the programme. Adv. Gajendra Singh Rajpurohit and Adv. Akhil George took seminar on Laws on Child Rights, Women's Protection and the Well-being of Parents, Senior Citizens and Mentally ill Persons.



International Women's Day Celebration

International Women's Day (8th March) is a global day celebrating women's social, economic, cultural, and political achievements. It is also the occasion to raise voice for creating a more inclusive and equitable world for women. ESSS celebrated this year's women's day 'Sthree Mythri - 2022' with different programmes. Selected representatives of women self-help groups participated in the meeting. The public meeting was inaugurated by Mr T. J. Vinod MLA, Ernakulam. Archbishop Dr. Joseph Kalathiparambil, Presided over the meeting. South Indian Film Star and Super Model Contest Winner Ms. Aaradhya Sai was the chief guest. Canara Bank Deputy General Manager Ms. Annamma Simon Inaugurated the Joint Liability Group (JLG) Loan Distribution. The meeting also honoured Kerala Social Service Forum award winner, Ms. Nikita Joseph.



Women Icon Award

ESSS honoured women SHG members who excelled in different fields and became role models and sources of inspiration to others.



Congratulations

- ★ Hajira Ashraf Thevara | Region I)
- ★ Rosy Daries Chittoor | Region II)
- ★ Riya Lawrence Kaloor | Region III)
- ★ Jessi Shaji, Thomaspuram (Region IV)
- ★ Lissy Sebastian, Asokapuram (Region VI)
- ★ Mini Jose Thundathumkadavu (Region VII)
- ★ Preetha Mathai (Region VIII)



Best Group Initiative

On the women's day celebration, ESSS also honoured self-help groups with the best group initiatives in different fields.

Congratulations

- I. JYOTHI SHG, BOLGATTY (Region I)
- II. ANGEL MARY SHG, SOUTH CHITTOOR (Region II)
- III. ASRAYA SHG, ELAMAKKARA (Region III)

Consolation Prizes

- ★ KEERTHY SHG, THYKODOM (Region IV)
- ★ ASHADOM SHG, MANJUMMEL (Region V)
- ★ PRATHEEKSHA SHG, CHRISTNAGAR (Region VII)
- ★ SNEHATHEERAM SHG, PUTHUVYPPU (Region VIII)



Women's Day Live Programme on Radio

On 8th March 2022- Women's Day, selected representatives of ESSS to get an opportunity to become co-host for the Kochi FM women's day special programmes from morning to evening. 10 Representatives of ESSS, including staff, village organisers and members of community-based organisations, participated in the programme. Further, their recorded interviews in their areas of expertise were telecasted on different dates as continuous sequence programme.

Ashakiranam Financial Aid Distribution

Financial Aid is distributed to 11 Cancer Patients as part of the Ashakiranam Cancer Care Project during the international Women's Day celebration.

Hair Donation Campaign

ESSS organised a hair donation campaign as part of the International Women's Day celebration in association with Cochin Cancer Research Centre. 135 individuals, including men, donated hair on the occasion. Cochin Cancer Research Centre provided certificates to the persons who donated their hair.



Snehabhavanam Financial Aid Distribution

As part of the Archbishops Snehabhavanam project, ESSS provided financial assistance to 8 families on the side-line of the International Women's Day Celebration.

Exhibition

As part of the ESSS Women's Day celebration - 'Sthreemythri - 2022', a product exhibition was organised at Infant Jesus Hall, Ernakulam. Small scale entrepreneurs from different women's self-help groups of eight regions exhibited different products like ready-made clothes and dress materials, food items, pickles, soaps, lotions, dry fish, dry prawns, curry powder, sweets etc. The best regions were awarded with prizes according to their participation in the exhibition.



News Paper Challenge for Women SHG Federations.

Newspaper challenge for women SHG federations was organised on the side-line of International Women's Day Celebrations. The amount raised is used for providing financial assistance to cancer patients. Some federations also contribute towards the Snehabhavanam Project. A total amount of Rs. 3,74,780/- is mobilized towards Ashakiranam Cancer Care Project and Archbishops Snehabhavanam Project during this year's women's day celebration.

Region	No. of Federations Participated	Amount Collected for		Total Amount Collected
		Ashakiranam	Snehabhavanam	
1	4	Rs. 33,250/-	0	Rs. 33,250/-
2	9	Rs. 98,780/-	Rs. 1,000/-	Rs. 99,780/-
3	12	Rs. 74,700/-	Rs. 5,000/-	Rs. 79,700/-
4	9	Rs. 31,400/-	Rs. 2,000/-	Rs. 33,400/-
5	3	Rs. 10,000/-	0	Rs. 10,000/-
6	3	Rs. 13,850/-	0	Rs. 13,850/-
7	13	Rs. 62,500/-	0	Rs. 62,500/-
8	11	Rs. 33,850/-	0	Rs. 33,850/-
SHGs	8	Rs. 8,450/-	0	Rs. 8,450/-
Total	72	Rs. 366780/-	Rs. 8,000/-	Rs. 374780/-

Scholarship Distribution

Encouraging students with merit-based scholarships is one of the highlights of ESSS during the reporting period. This year 229 students with full A+ in SSLC/ Plus Two, 80% and above marks in Degree or Post Graduation were honoured with mementoes and cash awards. Mr. Hibi Eden, Hon'ble M. P, Ernakulam, inaugurated the programme. Very Rev. Msgr. Mathew Elanjimittom, Vicar General, Archdiocese of Verapoly, presided over the meeting. Retd Prof. L. G. Antony, Principal Vidyaniketan College, Ernakulam delivered Key Note Address. Fr. Martin Azhikkakath, Director ESSS, Fr. Jibin George Mathirappilly, Asst. Director, ESSS and Dr. Titson Devassy, Project Officer, ESSS, also spoke on the occasion.



KSBCDC Loan Distribution

Linking the SHG with the banking and non-banking financial institutions is an essential prerequisite for promoting financial inclusion. Unless SHGs access repeated doses of credit, the members will not be able to meet their consumption and production credit requirements at affordable interest rates. Hence with the support of Kerala State Backward Classes Development Corporation (KSBCDC), ESSS is providing credit linkages to self-help groups at a low rate of interest. During the current financial year, ESSS provided Rs. 50 Lakh to 14 self-help groups. Overall, 134 individuals benefited from the loan. The programme was officially inaugurated by Mr. Jathin P.P., Assistant General Manager, KSBCDC.



Walkathon & Volunesia

Caritas India and Ernakulam Social Service Society together organised a walkathon on 10th December 2021 in the sideline of 'Volunesia' the meet of Ashakirnam Cancer Care volunteers. Most Rev. Dr Joseph Kalathiparambil, Archbishop of Verapoly, flagged off the Walkathon from Archbishop House, Marine Drive, Ernakulam. Student Volunteers from St. Alberts College (Autonomous), Ernakulam and Vidyaniketan College, Ernakulam, also participated in the programme. Ashakirnam Volunteers and Social Workers from 11 diocesan social work societies of Central Kerala were also participated in the programme. Adv. M. Anilkumar, Mayor, Kochi Corporation, inaugurated the Volunesia- the Volunteers Meet held at ESSS after the walkathon. Rt. Rev. Dr Joseph Karikkassery, Bishop of Kottappuram, presided over the meeting. Mr T. J Vinod, MLA, Ernakulam, released the brochure. Fr. Jacob Mavunkal, Executive Director, Kerala Social Service Forum (KSSF) delivered the keynote address. Very Rev. Dr Jose Puthiyedath honoured the best volunteers from 11 dioceses of the central region.



Cancer Day Observance, Feb 4, 2022

ESSS observed cancer day with different programmes. The fund mobilisation and hair donation campaigns to support cancer patients were inaugurated by Mr. Sabu George, Chairman, Kerala Industrial Infrastructure Development Corporation. Delegates from St. Paul's College, Kalamassery and Vidyaniketan College, Ernakulam, also participated in the meeting.



Further, ESSS also distributed blankets to cancer patients in District Hospital, Ernakulam. In the evening, ESSS organised a webinar on Cancer Awareness in association with the Surgical and Medical Oncology Department of Cochin Cancer Research Centre, Cooperative Medical College, Kalamassery. Dr. Sisha Lis Abraham and Dr. Stephy Chacko were the chief resource persons. Dr. Chaithanya, Dr. Sandeep and Dr. Prem also participated in the session.



Cancer Survivors' Meet

26ESSS, with the support of Caritas India, organised a cancer survivors meet at ESSS on 3rd November 2021. Fr. Martin Azhikkakath, Director, ESSS, inaugurated the meeting, and Ms. Sibi Paulose, the Programme Associate, Caritas India, delivered the keynote address. 32 Cancer survivors from different places under ESSS participated in the programme.



Snehabhavanam Financial Aid Distribution

ESSS is implementing the Archbishops Snehabhavanam Project to support the poor and needy families to have a safe house. As part of this, ESSS organised financial aid distribution programmes and provided financial support to 36 families in the current financial year.



Radio Expo - 2022

ESSS organised a Radio Expo on 16th & 17th February 2022 at ESSS auditorium to observe Radio Day 2022. The programme aimed to introduce radios of different generations to the young. The programme was inaugurated by Mr. Hibi Eden, M.P, Ernakulam. Antique radios were part of this exhibition. ESSS also organised a webinar in connection with the programme. Mr. Pradeepkumar, former Assistant Director, All India Radio and Mr. Balanarayanan, Programme Head, Kochi FM, were the chief resource persons for the programme.



The documentary by Shalom TV

Shalom TV produced several documentaries about Diocesan Social Service Societies of Kerala in the name of "Karuthum Karangal" to telecast. As part of this, crew members of Shalom TV visited ESSS to shoot the documentary. It was telecasted on Shalom TV in three episodes.

Christmas & New Year Celebration

ESSS celebrated Christmas and new year after the covid- 19 pandemic. The occasion was very joyful for the ESSS staff and village organisers. The gathering was inaugurated by Fr. Varghese Valiyaparambil, former Chancellor, Archdiocese of Verapoly. Staff members and Village Organisers performed different cultural programmes and exchanged Christmas gifts on the occasion.

International Day of Differently Abled

ESSS observed the International Day of Differently Abled on December 3rd 2021 as part of the Hope & Help Project supported by REHASWISS, Switzerland. Differently abled persons and their family members participated in the programme. Mr. Manu Jacob, ward councillor inaugurated the programme.





Online Competitions & Webinars

The covid-19 pandemic has created an unprecedented world situation and obstructed our lives in many ways. It caused further shocks to the system by forcing us to shut down almost entire offices and institutions during lockdown period. The pandemic also created fear in many, and the people were reluctant to go outside unless it was an emergency. Online applications became quite helpful to ESSS during this period as they provided an opportunity to connect with its stakeholders and target groups through online webinars and meetings. The details of online competitions, meetings and webinars organised by ESSS during the period are listed below:-

Sl. No	Name of the Competition	No. of Participants
1	Story Telling for ESHG Members	21
2	Art & Craft Video Competition	16

Sl. No	Name of Competition	No. of Participants
1	Covid 19 & Post Covid Condition	173
2	Laws related to Women, Children & Family	95
3	Cyber Security Awareness	96

Synodal Journey with Migrant Brethren

The Conference of Catholic Bishops of India (CCBI) Commission for Migrants and Ernakulam Social Service Society joined together to convene a synodal meeting of migrant brethren in association with the pope Francis's ambitious three-year worldwide "synodal process. Pope Francis has called for a more synodal Church, suggesting that "synods," or gatherings intended for discussion and discernment of the Church's direction, are an important aspect of an engaged Church. The synod is inaugurated by Dr. Joseph Kalathiparambil, Archbishop of Verapoly and presided over by Fr. Jaison Vadasserry, Secretary, CCBI Migrants Commission. The synod is participated by Migrants, and the individuals and the agencies that are working for migrants.



Dialysis Challenge

The current COVID-19 situation has resulted in disruptions in the social, economic and health care system throughout the world. One such challenge is faced by patients of end stage renal disease (ESRD). They have to be physically present in dialysis center on regular basis, which means they are more at risk of exposure in a hospital environment. Further, many were unable to meet its expenses. This forced Mr. Hibi Eden, Ernakulam, M.P to launch the Dialysis Challenge to support the poor and marginalised people. The project support the patients to have free dialysis at the selected hospitals.



ESSS Departments & Programmes

I. Emergency Response & Disaster Management

The Emergency Response and Disaster Management department of Ernakulam Social Service Society primarily involves the response phase, rehabilitation phase, and recovery phase of the disaster management activities. In the response phase, ESSS focuses on search & rescue, damage and needs assessments, providing first aid, managing temporary shelters, and humanitarian assistance. In the rehabilitation phase, ESSS focuses on restoring the essential services. In the recovery phase, efforts are carried out to reconstruct infrastructures and the livelihoods of those affected.

Navajeevan Project

ESSS implemented the project Navajeevan with the support of Caritas India and Caritas Germany in 10 selected wards of Kadamakkudy Panchayat. The project aims to strengthen communities by creating opportunities and platforms in the form of task forces and disaster management committees for improved participation of community people in planning, preparing, and managing disasters. The disaster clinics functional in each ward act as knowledge and facilitation hubs for identifying disaster risks, mapping vulnerable groups and areas, mobilising resources, and networking with governments and line departments to improve disaster governance and enhance community preparedness.



Highlights of the Year

- ♦ 100 functional disaster management committee members.
- ♦ 200 trained task force members.
- ♦ 60 digitalised disaster management plans with detailed vulnerability mapping.
- ♦ Provided Disaster Mitigation Kit – containing life jackets, first aid box, torch, raincoat, whistle, nylon rope, gumboot, bag, safety goggles and disaster management plan to each ward level disaster clinic.

II. Women Empowerment-Through Self-Help Groups

Drawing from six decades of knowledge and experience, ESSS supports development approaches that help in creating gender equality and women empowerment. Women's self-help groups formed in 1997 by ESSS are considered one of the most powerful and effective platforms to adopt a participatory approach to women's empowerment. The self-help groups are voluntary associations where women empower through mutual support, education, encouragement and financial assistance to achieve their personal and collective goals for a better future. ESSS focuses on building community-based human institutions, social relationships, women's leadership, and financial independence.





At present 659 women self-help groups with a total membership of 9830 women are active at ESSS. These groups are federated into 68 village-level associations, and these associations are at the forefront of instigating a culture of gender equality and women empowerment in their respective communities.

Training & Capacity Building Programmes

ESSS is committed to providing platforms for polishing and building the capacities of women SHG members through on and offline modes in various subjects. The details of the training is as listed below:-

Sl. No	Name of Training	No. of Units Conducted	No. of Participants
1	Capacity building	9	338
2	Government benefits	1	96
3	Skill training orientation	5	94
4	Leadership Training	2	78
	Total	17	606

III. Empowering Men Through Self-Help Groups

Men's Self-Help Groups aim to organise marginalised and disadvantaged men, especially those working in unorganised sectors. Apart from creating a platform for coming together, it provides an opportunity for skill development, knowledge building, credit linkages and development. Further, the groups allow them to build their social relationship and enhance social capital. Presently 257 men self-help groups with total members of 4112 are functional at ESSS. The number of federations is 8.

Some of the Highlighted Activities of Men SHGS

- ★ Monthly Leaders training for Men SHG Members.
- ★ Protection Against Gas Price Hike by Shreyas Men SHG, Konthuruthy.
- ★ Pokkali Paddy Cultivation by Dreams Men SHG, Chennur.
- ★ Cage fish cultivation at a large scale by Mahatma Men SHG, Nettoor.
- ★ Christmas Star and decoration items sale by Phoenix Men SHG, Thevara.



Details of IGP units Started by Men SHG Groups and Members

Sl. No	Name of Program	No. of Units
1	Animal Husbandry	2
2	Fish Farming and Selling	31
3	Organic Farming	13
4	Decoration and Rental Business	9
5	Sale of Provision Items	2
6	Candle Making	4
7	Aquaponics Business	31
8	Textile Business	6
9	Others	19
	Total	117



IV. Family Development

Family is the basic social unit in our society. The family development programme of ESSS aims to alleviate poverty by facilitating access to a sustainable livelihood, improved access to education, health facilities, welfare schemes and political forums. In this regard, ESSS is implementing two programmes; the first one is the Save A Family Plan - India supported Family Development Programme. The second one is ESSS's sponsorship project with the support of local contribution, Snehasparsam: Care A Family Programme.



Save A Family Plan- India: Family Development Programme

ESSS is implementing Family Development of the programme with the support of Save A Family Plan - India. The programme is intended to support the most vulnerable and marginalised families by sponsoring them for six consecutive years. The project's overall goal is to care for the social and economic development of the sponsored families. Capacity building, improving the involvement of women in the decision-making process, nurturing the holistic development of the children of sponsored families, supporting the families to have a sustainable income and livelihood, equip the families to have improved housing and sanitation facilities are the other vital aspects of the programme. So far, ESSS has been able to support more than 1000 families through the programme. At present 315 families are sponsored through the project.



Details of IGP Units

Sl. No	Name of IGP	No. of Units
1	Cloth Business	50
2	Tailoring Shop	55
3	Animal Husbandry	33
4	Food Business	11
5	Fish Farming and Vending	11
6	Beauty Parlour	2
7	Candle Making	8
8	Detergent Making	20
9	Others	25
	Total	215





Success Story

Ms. Sicily Xavier, a widow was struggling with her three children after her husband was unexpectedly passed away due to cardiac arrest. But she believes that ESSS and family development programme changed her life. Now she is a successful entrepreneur and earns respectable income through sweets making business, which she started with the support of ESSS and Family Development Programme of Save A Family Plan India. The project also helped her to give good education to her children and own 2 cents of land. She also working as a peon in a bank on temporary basis in the neighbourhood.



Snehasparsam: Care A Family Programme

Snehasparsam: Care A Family Programme was initiated in connection with the quasiquicentennial jubilee celebration of the Archdiocese of Verapoly to support the poorest of poor families who were unable to support through other projects. Here again, the families will be equipped with sustainable access to livelihood and socio-economic and political systems and resources.

V. Labour Development

The labour development department plays a crucial role in organising and empowering the workers, especially the unorganised workers. In this regard, ESSS primarily forms self-help groups of different categories of unorganised workers and facilitates their social, political and economic development. ESSS also promotes various social security schemes for unorganised workers, including welfare schemes, pension schemes and insurance policies. Further, in collaboration with the Kerala Labour Movement, the umbrella organisation promoted by the Labour Commission, Kerala Catholic Bishops Conference (KCBC) for the protection and development of poor and marginalised workers, ESSS promotes Trade Unions and Labour Fora for unorganised workers such as construction workers, domestic workers, tailoring workers, traditional fishermen and migrant workers.

Domestic Workers Group

ESSS works for the respect and dignity of domestic workers and is at the forefront of advocating for ensuring their lawful rights. Further, ESSS also aims to create platforms for mutual dialogue and empowerment of the domestic workers. For this, ESSS encourages domestic workers to form their self-help groups as it is a proven strategy to ensure marginalised groups' social, economic, and political development. Currently, 79 domestic workers groups are functional at ESSS, and the total membership is 1185.





Tailoring Workers Groups

In this section, ESSS focuses on mainstreaming and empowerment of Tailoring Workers, especially those working in their households. Here again, ESSS promotes the formation of self-help groups of tailoring workers to enable a conducive atmosphere for their social, economic and political development.

Ensuring the Safety and Health Security of Migrant Workers

ESSS is implementing the new project for migrant workers with the support of Caritas India and Charis International, Singapore. The programme's primary objective is to ensure the health and well-being of the migrant workers and their families by engaging them in a meaningful way, providing free vaccination and medical insurance, and linking them with government schemes and resources.

Unorganised Workers Welfare Scheme.

ESSS is encouraging the unorganised workers to enroll in the Kerala Unorganised Workers Social Security Board mooted by the Government of Kerala. The scheme will be useful for workers from more than 100 sectors. In the current reporting period 270 persons registered in Unorganised Workers Social Security Board.

Trainings and Awareness Programmes Conducted

Sl. No	Name of program	No. of Units	No. of Participants
1	Village Seminar	1	35
2	Leaders meeting	5	195
3	Domestic Workers Day Observation	1	40
4	Unorganized workers new membership registration	1	253
Total		8	523

Formation & strengthening of KLM Units

ESSS is forming KLM units at the parish level to organise and empower unorganised workers under the Archdiocese of Verapoly. The KLM units at the parish level are responsible for planning and implementing programmes to ensure the holistic empowerment of the unorganised workers. It also conducts social security campaigns to promote social security and welfare schemes, including pension schemes.

Different Fora Functional at ESSS with support of KLM

Kerala Domestic Workers Forum (KDWF), promoted by Kerala Labour Movement, is an independent trade union to ensure domestic workers' dignity and decent working conditions. Total membership: 4775.

Swathanthra Nirmana Thozhilali Union (SNTU) is another independent trade union under Kerala Labour Movement to ensure construction workers' rights. The union aims to safeguard the employment and welfare of the construction workers and enhancing their skills through finishing school. Total membership: 463.





Kerala Tailoring Workers Forum (KTWF) is another initiative of the Kerala Labour Movement functional at ESSS. KTWF has been instrumental in the enrollment of tailoring workers in the Kerala Tailoring Workers Welfare Fund Board. Total membership: 1890.

Kerala Malsya Thozhilali Forum (KMTF), initiated by Kerala Labour Movement, aims to organise traditional fishers in the sea, backwaters, ice factories, fish markets etc., through the forum. Awareness building, advocacy, lobbying, networking, and skill development are its primary objectives. Total membership: 136.

Covid Kit Distribution

As part of reaching the most vulnerable families among the unorganised workers, the KLM unit of ESSS and the Archdiocese of Verapoly provided food kits to 414 families. ESSS and KLM Director, Fr. Martin Azhikkakath inaugurated the programme in presence of KLM Leaders.



e-SHRAM Card Registration

ESSS and Archdiocesan wing of Kerala Labour Movement Conducted a campaign to register unorganised workers in e-SHRAM portal. ESSS and KLM director, Fr. Martin Azhikkakath, inaugurated central level programme. Mr. Biju Puthenpurakkal, President, KLM Verapoly presided over the meeting. Mr. Babu Thannikkott, State President, KLM, Mr. Manoj Shailendran, District Executive Officer, Ms. Sherin Babu, Coordinator, Labour Department, other leaders of KLM were also present on the occasion.



Tailoring Workers Forum Ernakulam Regional Convention

The Ernakulam regional convention of Tailoring Workers Forum was conducted at ESSS on 11th November, 2021. Mr. Tomy Mathew, HMS state general secretary inaugurated the Programme. Mr. Babu Thannikkott, State President of KLM, led a session for the members. Mr. Johnson Daurev, ESSS Tailoring Workers Forum Verapoly Unit President presided over the meeting. Fr. Martin Azhikkakath, Director of ESSS and KLM delivered key note address.

Merit Award to Children of SNTU Members

A merit award was organised to honour the children of Swathanthra Nirmana Thozhilali Union members, who excelled in their academics in the year 2020-2021. Fr. Martin Azhikkakath, ESSS and KLM Director inaugurated the meeting. Mr. Peter Mandalth, Ernakulam SNTU Regional President, presided over the function. Mr. Babu Thannikkott, State President of KLM and Mr. Thomas Kurisinkal, State President of SNTU and other leaders of KLM also attended the programme.



VI. Credits & Micro-Enterprise Development Programme

ESSS's credits and micro-enterprise development programmes equip the poor and marginalised with adequate skills to initiate self-employment units and micro-enterprises. For this, ESSS provides opportunities for vocational and soft skill training, training on - entrepreneurship, money and human resource management, branding, pricing and marketing, marketing through online platforms and social media, necessary certifications and registrations, accounting, book keeping, proposal writing, strategic planning and government schemes.



Details of Training Programmes Conducted

Details of the Vocational Training Programmes Conducted by ESSS Centre for Learning:-

Sl No	Name of the Course	No of Participants
JSS Certified		
1	Catering & Baking	46
2	Embroidery	31
3	Beautician	18
4	Tailoring	40
	Total	135
ESSS Initiated		
1	Fish Processing	115
2	Traditional Snack making	12
	Total	127
Other Trainings		
1	Orientation about JSS	48
2	Govt. Schemes for IGP	96
3	Skill training orientation	94
	Total	238



Success Story New Beginning

Ms. Sheela Stanly is a widow and is residing in Pottakkuzhy Kaloar. She was mentally depressed and isolated since her husband's death on June 2021. At that time, she heard about ESSS and its tailoring course in association with Jan Shikshan Sansthan through social media. She joined course and completed successfully. After that she started a stitching unit and now gives employment to five persons.





Details of Credit Linkages

Sl. No	Name of the Agency	Scheme	No. of SHGs linked	No. of Beneficiaries	Amount of Loan Availed
1	People's Urban Co-operative Bank	People's Asraya Loan Scheme	14	181	Rs. 1,64,50,000/-
2	Union Bank	Micro-credit	2	30	Rs. 20,00,000/-
3	Canara Bank	Micro credit	3	45	Rs. 41,00,000/-
4	Kerala Gramin Bank	Micro finance	1	16	Rs. 6,00,000/-
Total			20	272	Rs. 2,31,50,000/-

Details of IGP Units – Groups

Sl. No	Name of IGP	Total No. of Units
1	Organic farming	6
2	Food Business	7
3	Provision Store	27
4	Readymade Textiles	21
5	Seasonal Business	15
6	Soap Powder, Phenyl, and Dish Wash	14
7	Others	11
Total		101

Details of IGP Units – Individual

. No	Name of IGP	No. of Units
1	Organic Farming	113
2	Food Business	123
3	Tailoring Classes & Shops	563
4	Beauty Parlour	24
5	Candle Making	42
6	Curry Powder Unit	13
7	Diary	15
8	Sale of Dry Fish & Prawns	28
9	Fish Farming & Vending	14
10	Provision Store	63
11	Readymade Shops & Business	36
12	Rosary Making	17
13	Snacks Making	83
14	Soap Powder, Phenyl, Dish Wash	54
15	Stationary	10
16	Animal Husbandry	41
17	Others	116
Total		1355



VII. Micro Insurance

The life of human beings is always surrounded by the risk of death, disability or destruction, and these risks may result in financial losses. Through the insurance department, ESSS aims to enable the poor and marginalised to mitigate their losses, secure financial stability, and create assets. ESSS achieves this by promoting health and life insurance policies in collaboration with Life Insurance Corporation of India, United India Health Insurance Company and New India Assurance Company.



Universal Health Insurance (Medi-Claim Policy)

ESSS Medi-claim policy is implemented in association with the United India Insurance Company. Under this policy, the beneficiary will be provided with maximum coverage of Rs. 1,00,000/-. But the maximum single admission coverage will be Rs. 50,000/- The premium for an individual is Rs. 1944/- and the premium for a 5-member family is Rs. 3884/- and the premium for a 7-member family is Rs. 5479/-. During the reporting year 3870 families insured through the policy and the total premium paid is Rs. 1,07,69,840/- Total benefits received is Rs. 50,20,899/-

Critical illness Policy (Medi-Claim Policy)

The critical illness policy is implemented to provide insurance coverage for eight major illnesses in collaboration with New India Assurance Company Ltd. The premium for an individual or family is Rs. 2950/-. The maximum coverage of the policy is Rs. 2,00,000/-. During the reporting year 408 persons insured through the policy and the total premium paid is Rs. 11,42,400/-. Total benefits received is Rs.74,683/-

Griha Suraksha

Griha Suraksha policy is implemented in collaboration with The New India Assurance Company Ltd. It is specially designed to protect the residential houses against calamities such as fire, lightning, cyclone, flood, landslide, earthquakes etc... The houses with less than 15 years of age and a value of 5 lakhs or more can be insured through this scheme. The premium for one lakh is Rs.50/-. A total of 195 persons are insured under this scheme.

Group Insurance Policy

The General Insurance policy is promoted by the Life Insurance Corporation (LIC) of India. Individuals between the ages of 18 and 59 can join with a premium of Rs. 400/-, and the nominee will receive a maximum death benefit of Rs.1,00,000/-. Total of 2417 persons insured through the policy and Rs.5,57,440/- paid as premium in the current reporting period. The total benefit received is Rs.3,60,000/-.

Servant of God Archbishop Joseph Attipetty - Memorial Students Insurance

This policy is implemented in association with the United India Insurance Company and the Catechism Department. This scheme aims to promote insurance awareness among students. Under this scheme, if the child dies in an accident, the nominee will get a maximum death benefit of Rs 1,00,000/- and Rs. 2,00,000/- will be provided for the accidental death of the earning parent. The policy also provides a medical coverage of Rs.25,000/- for the child. Total 2898 students enrolled under this scheme. Rs.2,75,792/- was paid as premium and the benefits received during the reporting period is Rs.34,132/-.



**Jeevan Madhur**

This policy is implemented in collaboration with the LIC of India. It is a simple savings related life insurance plan where you may pay premiums regularly, fortnightly, monthly, quarterly, half-yearly or yearly intervals over the term of the policy. In the current reporting period, a total of Rs.22,16,804/- is paid as a premium of 4405 persons.

Swavalamban

This policy is implemented in association with the Life Insurance Corporation of India and KLM as a pension scheme. This scheme was designed for the unorganised workers to help them to manage their finances successfully. Presently 586 members are in this scheme, and the premium paid during the period is Rs Rs. 6,57,950/-

Awareness and Training Programs Conducted

Sl. No.	Name of the Program	No. of Units	No. of Participants
1	Awareness on Insurance Policies	1	115
2	Village Level Insurance Campaign	9	198
Total		10	313

VIII. Community Health

The community health department of ESSS aims at the collective well-being of community members. For this, ESSS initiates programmes to keep individuals and families in better health by considering their environment and social conditions. The main focus of the department is to involve in preventive health as the communities under ESSS are primarily prone to many seasonal and contagious diseases. The major programmes of the department are listed below: -

★ **Ardram Health Clinic** – ESSS is organising Ardram Health Clinic (Free medical consultation at ESSS fortnightly) with the support of Lourdes Hospital, Ernakulam. Free medicines will be provided for the most vulnerable patients. The Lourdes Hospital, Ernakulam, will ensure the service of qualified medical practitioners and paramedical staff.

★ **Drishyam Eye Camp** – ESSS is conducting Drishyam eye camps in collaboration with Chaitanya Eye Hospital, Ernakulam to create awareness, detecting eye defects and ailments, especially the cataract, in rural and urban areas for free of cost.

★ **Nirnayam Medical Camps** – ESSS is organising free blood detection camps to find out lifestyle diseases in collaboration with the Muthoot foundation and other hospitals. This may help individuals to identify potential lifestyle diseases like pressure, diabetes, cholesterol, obesity etc., in advance.



★ **Medical Camps** – ESSS join hands with government and private hospitals, other agencies, and individuals to conduct general and specialised medical allopathic, ayurvedic and homoeopathic camps.



★ **Ardram Palliative Care** – Life with an incurable and debilitating disease is often associated with a lot of suffering. Pain and conditions like breathlessness, nausea and vomiting, paralysis of limbs, and fungating ulcers can make life unbearable for that person and the family. Such suffering exists in incurable cancer, many neurological, pulmonary, cardiovascular, peripheral vascular and end-stage renal diseases, incapacitating mental illnesses, and old age problems. ESSS palliative care programme aims to provide better accessibility of the palliative care system to the common people. It is also offering social and emotional support and home-based palliative care to the needy under the operational area of ESSS. Professionals and trained community volunteers were actively involved in the programme.



★ **Ashakirnam Cancer Care Project** – ESSS is implementing the Ashakirnam Cancer Care Project to create awareness about cancer diseases and to provide economic and psycho-social support to cancer patients, their caregivers, and family members. The programme tries to improve cancer patients' quality of life and well-being and affirms that there is life after cancer. The resource for the project is mobilised through the donations from well-wishers, parishes and self-help groups of ESSS and funds collected through the newspaper challenge conducted by SHG federations in connection with the International Women's Day celebration. In the current reporting period ESSS supported 108 cancer patients through the programme.

IX. Environment & Natural Resource Management

A sustainable environment and natural resource management are at the core of ESSS's programmes and activities. ESSS is committed to UN sustainable development goals and is significant to protecting the mother earth. Further, ESSS upholds green protocol as a strategy to ensure a sustainable world for all. Promotion of water conservation, organic farming, family farming, sustainable and renewable energy sources and social forestry are core to this programme.

Nurture Project

ESSS implemented the Nurture Project with the support of the Kerala Social Service Forum (KSSF). The project's core objective is to safeguard the environment to ensure a sustainable livelihood and increase the quality of life of the communities through innovative and replicable agricultural practices.



Major Activities of the Programme

1. Introduced green protocol (reducing water, food and energy wastage and implementing sustainable practices in selected institutions).
2. Implemented Garden of Eden – Household Organic Farming in 40 selected families.
3. Experimented Root Zone Fertigation Models in Tree Planting.



World Environment Day Celebration

Despite the Covid-19 pandemic, ESSS celebrated environment day of 2021 with a webinar and an online video competition for women self-help group members. In the webinar, Mr. Johny Parambiloth, the well-known environmental activist and yoga teacher from Vypin Island, was the chief resource person. Fr. Martin Azhikkakath presided over the meeting. Dr. Titson Devassy, ESSS Programme Officer, moderated the seminar.

The video competition was about organic farming conducted by the women self-help group members in their households. The programme's objective is to encourage more and more families into family farming, thereby becoming a part of a global initiative to achieve food security and sustainable development. Overall, 101 women SHG members participated in the competition.

X. Children's Development

ESSS is committed to ensuring children's developmental needs by promoting a safe environment and creating opportunities for nurturing their innate talents both in academic and extra-curricular activities. The formation and strengthening of Kuttikkoottam (Children's Nature Clubs), awareness creation, inculcating a culture of nature protection, personality development, scholastic development, career guidance, educational scholarship, vocational training, etc. are the prominent components of the programme.

Kuttikkoottam (Children's Nature Club)

ESSS has been promoting Kuttikkoottam (Children's Nature Club) since 1986. The principal objective of the programme was to develop a platform for children to cater their development needs and to bring positive changes in their life. The groups will have five office bearers, including the president, secretary and treasurer. The ESSS staff and Kuttikkoottam animators will provide the necessary guidance and vision to the children's group members.

Details of Training Programmes Conducted

Sl. No	Name of program	No. of Units	No. of Participants
1	Parents Training	1	75
2	Career Guidance	1	155
3	Parenting Training	1	59
4	Art Workshop	1	170
Total		4	459



XI. Involved Development of Elders (Sayamprabha Elders Self-Help Groups)

With the increase in the number of elders every year, it has become imperative to have programmes for addressing the needs of senior citizens at different levels. The covid-19 pandemic has even increased the need for special care and attention for the elderly. ESSS's efforts in this direction emphasize organising Sayamprabha Groups (Elders Self-Help Groups), providing psycho-social support, ensuring participation in capacity building and skill development programmes, facilitating credit linkages and providing health services. Even though the pandemic has disrupted the functioning of Sayamprabha Groups for nearly two years, at present 116 Sayamprabha groups are functional at ESSS.



Details of Programmes Conducted

Sl. No.	Name of the Programme	No of Participants
1	Motivational Talk	100
2	Health Awareness	26
Total		126

XII. Hope & Help: A Programme for Differently Abled

The Hope and Help Project' implementation with the support of REHASWISS, Switzerland, is to ensure the empowerment and community-based rehabilitation of differently-abled. It is a multi-disciplinary process which involves components of health care, skill development, vocational training and rehabilitation, psychological support and social integration. For this, ESSS supports the differently-abled and their families to have a sustainable income and livelihood along with their capacity building, providing psycho-social support and creating platforms for social integration and development. During the present reporting period, ESSS supported 21 differently-abled persons through the project.



Special Covid Assistance

The COVID-19 pandemic has disrupted life in every corner of the globe, creating a crisis that is unprecedented in its scale and scope. The persons living with disability are highly affected by the pandemic. Their access to health care was limited. Further, the pandemic had a devastating effect on the income and livelihood of the differently-abled. Hence REHASWISS, Switzerland, provided additional financial support to the families to restore their livelihood.

XIII. Empowerment of Widows & Spinsters

Empowering widows and spinsters to support themselves and their families is important since it helps us address social stigmas that create exclusion and discriminatory or harmful practices against them. ESSS encourages them to organise in the form of self-help groups or support groups to facilitate mutual dialogue, social interaction and collective action. Further, ESSS support them to have a sustainable livelihood by linking with various schemes and programmes of governmental and non-governmental agencies.

XIV. Basic Infrastructure Development

Secured shelter and basic sanitation are essential for living a healthy and stable life. However, thousands of poor people in rural and urban areas still live without a proper house or sanitation, and ESSS is trying to help such families in all possible ways.

Archbishop's Snehabhavanam Project

The Archbishop's Snehabhavanam Project is intended to support the poorest of low-income families struggling to complete the construction of a house to realise their dream of having an independent and safe house. For this, ESSS provides financial support to selected families irrespective of their caste and religion. The resource for the project will be collected through donations and the sale of Christmas Star. In the current reporting period ESSS assisted 36 families through the project Rs.7,35,000/-.



Details of Fund Distribution

Region	No. of Beneficiaries	Amount
I	Nil	Nil
II	6	Rs.1,95,000/-
III	10	Rs.1,80,000/-
IV	5	Rs.80,000/-
V	1	Rs.20,000/-
VI	Nil	Nil
VII	3	Rs.50,000/-
VIII	11	Rs.2,10,000/-
Total	36	Rs.7,35,000/-



XV. Legal Services

Ensuring justice and enabling the marginalised to claim their lawful rights is the prime objective of ESSS. Hence ESSS always adopts rights-based approach in its programmes and activities. Legal literacy, advocacy, networking and linkages, lobbying etc., are the important activities of ESSS in this regard. For this, ESSS joined hands with legal service authorities at different levels, police departments and like-minded NGOs.

Community Mediation Centre

Since 2019, the High Court of Kerala approved Community Mediation Centre (CMC) is functional at ESSS. Community Mediation is a powerful tool in the judiciary as it can strengthen the community to manage and resolve disputes amicably and judiciously. It can ensure speedy settlement of disputes through inexpensive means. Even in the lockdown period, the Centre resolved 1 case through mediation.

XVI. Animation

For ESSS, the animation is a systematic process to improve employees', village organisers and volunteers' knowledge, skills, understanding, values, attitude, motivation, and capability necessary to perform well at work. Usually, the positive impact of capacity building affects organizational outcome, competitiveness and performance. The details of training and capacity building programmes initiated by ESSS during the period is listed below:-



Sl. No.	Name of the Programme	No. of Units	No. of Participants
1	Online and Offline Review Meetings	12	546
2	Capacity Building Programme	2	173
	Total	14	719

Darshan: Animation of Social Ministry Co-ordinators

It is the regular animation and capacity building programme for Family Unit Social Ministry Co-ordinators from parishes. They voluntarily work with ESSS to link and spearhead the different programmes at the family unit and parish level.



Sincere Thanks to Your Relentless Service



Mr. Dominic C.L.



Ms. Mary Thomas



Mr. Christy D'Silva



Ms. Lissy Joy

Congratulations on Your Ph.D.



Rev. Dr. Mathew Sojan
Mallekal



Dr. Titson Devassy



Looking Inwards



Patron

Most Rev. Dr. Joseph Kalathiparambil
Metropolitan Archbishop of Verapoly

General Body

Rev. Fr. Martin Azhikkakath
Very Rev. Msgr. Mathew Kallinkal, Vicar General
Very Rev. Msgr. Mathew Elanjimittam, Vicar General
Very Rev. Fr. Ebigin Arackal, Chancellor
Very Rev. Fr. Mathew Sojan Maliekal, Procurator
Rev. Fr. Jaison Vadasserry
Rev. Fr. Jerome Chamminikodath
Rev. Fr. Antony Raphael Komaranchath
Rev. Fr. Jibin George Mathirappilly
Adv. L. Aloysius Thomas
Director, Little Flower Engineering Institute
Mother General, CTC Generalate
Superior, Vimalaiayam
Rector, St. Joseph's Minor Seminary
Director, Holy Angel's Institute
Director, Lourdes Hospital

Chev. Dr. Henry Anjiparambil
Mr. K.K. Raphael
Mr. Vipin Joe M.J.
Mr. Dominic C.L.
Sr. Treasa Silgi SMDC
Dr. Titson Devassy
Mr. E.S. Jose
Mr. Joseph Jude
Prof. Beena P.J.
Mr. Thomas Ravi
Dr. Regina Henry
Dr. Gladis Mary Thambi
Ms. Valerie Abrao
Ms. Juliet Daniel
Prof. Lucy Jojo
Mr. Shaji George
Mr. Babu Thannikottu
Dr. Gilson M.J.

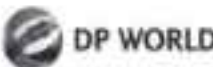
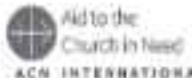
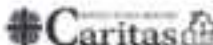
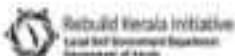


ESSS Staff at Present



Director	: Rev Fr. Martin Azhikkakath
Assistant Director	: Rev Fr. Jibin George Mathirappilly
Administrator, Ashakiranam, Hope & Help and Snehabhavanam Co-ordinator	: Sr. Treesa Silgy
Project Officer	: Dr. Titson Devassy
Accountant	: Ms. Moly Josey
Men SHG, Disaster Management & Sayamprabha Co-ordinator	: Mr. Vipin Joe
Insurance Department Team Leader	: Ms. Saly Sabu
SHG & Community Health Department Co-ordinator	: Sr. Mary Thomas
Credit & Micro-Enterprise Development Programme Co-ordinator	: Ms. Seema Roy
Credit & MEDP Team Member	: Ms. Rahiyanath Ashraf
Financial Inclusion	: Ms. Annie Robert
Labour Department Co-ordinator	: Ms. Shaija Babu
FDP Co-ordinator	: Ms. Sherin Babu
Kuttikoottam Co-ordinator	: Ms. Steffy Stanly
Environmental & Natural Resource Management Co-ordinator	: Ms. SijaJeny
Regional Co-ordinators	: Ms. Liji George
	: Mr. Josey Kottiyath
	: Ms. Shaila Attipetty
	: Ms. Liji T.J
Cashier	: Ms. Josni Deepak
House Keeping	: Ms. Carmaly Saju
	: Ms. Philomena Tomy

MAJOR PROJECT PARTNERS

 Caritas INDIA <i>The Joy of Service...</i>	 Caritas Italiana	 COCHIN SHIPYARD LTD.	 DP WORLD
 Aid to the Church in Need ACN INTERNATIONAL	 Canara Bank	 Caritas AUSTRIA	 Caritas Germany
 Caritas Australia	 Catholic Health Association of India	 MIGRANT COMMISSION	 CONFERENZA EPISCOPALE ITALIANA
 HDFC WITH YOU, RIGHT THROUGH	 HelpAge India	 H.T. Parakkal FOUNDATION	 The National Seafarers
 KSSF	 LIC LIFE INSURANCE CORPORATION OF INDIA	 KERALA SAHITYA AKADEMI	 NMDFC
 Rebuild Kerala Initiative Local Self Government Department Government of Kerala	 REHASWISS Rehabilitation Switzerland	 SAVE A FAMILY PLAN OF INDIA SOUTH ZONE	 Seafarers International Relief Fund
 SOUTH INDIAN Bank Empowering Your Financial Future	 STELLA MARIS 100	 THE KERALA SAHITYA AKADEMI	 The National Seafarers
 KLM	 KERALA SAHITYA AKADEMI	 SELAVIP	 Skill India अभियान में आपका योगदान
 SVC	 KERALA SAHITYA AKADEMI	 Vorarlberg Land of Carols	 WIF
			 CHARIS Catholic Foundation Aid & Social Initiatives (Tiruppur) Ltd.

OTHER ASSOCIATES

- ★ Ahalya Foundation Eye Hospital, Palarivattom.
- ★ Alpha Dental & Eye Hospital, Kalloor.
- ★ CCBI Migrant Commission.
- ★ Chalthanya Eye Hospital & Research Institute, Ernakulam.
- ★ Federal Bank Ltd.
- ★ Little Flower Hospital & Research Centre, Angamaly.
- ★ RBL Bank Ltd.
- ★ Peerless Biotech Private Ltd.
- ★ The Eye foundation- Eye Hospital, Edappally.
- ★ Union Bank of India.



Heartfelt Thanks
Former Assistant Director
Fr. Fostin Fernandez



ESSS Welcomes
New Assistant Director
Fr. Jibin George Mathirappilly



Concluding Message



The financial year 2021- 2022 was an unprecedented year due to Covid-19 pandemic. But the achievement of the ESSS, has been huge despite the year's complexity. The Voyage, ESSS annual report for the year 2021- 2022 depicts its achievements, initiatives and innovations in the field humanitarian assistance and social development during these unprecedented circumstances. During this Covid-19 pandemic, ESSS has managed to make use of its maximum capacity to deliver the humanitarian assistance and service to the poor and marginalised responsibly, despite prioritising the health and safety of its employees and stakeholders. Throughout the year, ESSS has played a central role in the relief and rehabilitation of the pandemic affected, which is something to be proud of.

We want to take this opportunity to reiterate our appreciation for the contributions by our benefactors, our patron Most Rev. Dr. Joseph Kalathiparambil, the Metropolitan Archbishop of Verapoly, General Body & Governing Council Members and thousands of Stakeholders. We express our sincere appreciation and gratitude to all parish priests for their relentless encouragement and support. We also want to thank the ESSS staff and village organisers for their continued support and great work throughout the year.

Finally, let us pray for more concrete and sustainable efforts by ESSS in the field of social development in the diamond jubilee year of ESSS. With much gratitude, we look forward to the year 2022-2023.

Fr. Jibin George Mathirappilly
Assistant Director

