



**OUR NEW DIRECTOR** 



Fr. Marin Azhikkakath

**OUR NEW ASSISTANT DIRECTOR** 



Fr. Raphael Kalluveettil

ESSS'S Heart Felt Thanks to

FORMER DIRECTOR



Fr. Antony Raphael Komaranchath

FORMER ASSISTANT DIRECTOR



Fr. Job Kundony



"All of us, in truth, are called to water ourselves upon the rock that is the Lord and to quench the world's thirst with the charity that springs from Him,"

#### **Pope Francis**

Charity is core to the mission of church and we all are called to serve the poorest of the poor by enabling them with basic skills and resources to survive in the present world. For us it's about bringing people together, instilling a feel in them for taking responsibilities and willingness to accept others.

Even in this 21st century, the gender - income - social imbalances and technological barriers are still persisting and making hindrances to the development of weaker sections. Systems are repeatedly failing to include the most deserving and marginalized sections in the purview of development.

When our fellow brothers and sisters are suffering, it's our responsibility to make amendments in it by bringing a new life and hope. I am proud that, Ernakulam Social Service Society, the social action wing of Archdiocese of Verapoly is doing lot of work in bringing the societies and people together to help themselves. ESSS activities like community mobilization of men, women, children, elderly, unorganized workers and differently abled may help them to have a better access and control over the resources. I sincerely hope the projects like Snehabhavam, Ardram Palliative Care & Asakiranam Cancer Care possibly will help the people to have dignified life. I congratulate ESSS family – the general body members, the governing council, director, assistant director, field and central level staff and all the stake holders, for their hard work, dedication and enthusiasm they are showing to reach to those who need more care and

I pray for God Almighty's blessings for ESSS's all efforts to make this society more apposite to those who are deprived and vulnerable. If you want to live as followers of Jesus, we need to live as servants of others.

Very Truly in Christ Jesus

+Joseph Kalathiparambil

Archbishop of Verapoly

## Director's Message

In the Gospel of Luke Chapter 4, Luke gave the account of Jesus reading from Prophet Isaiah 61:1-2. Jesus the Messiah, the anointed one, proclaimed the following missions:

- ▶ proclaim the good news to the poor......
  - ▶ bind up the broken-hearted ......
- ▶ proclaim the freedom for the captives......
  - ▶ release from darkness the prisoners .....
    - ▶ comfort all who mourn......

The primary mission of the social work is to enhance human well-being and help meet the basic needs of all people, with particular attention to the needs and empowerment of people who are vulnerable, oppressed, and living in poverty. Jesus' public ministry was filled with examples of his

concern for all people, especially the marginalized in society (sociologically and economically). Jesus cared about the lepers, the tax collectors, the Samaritan woman, the blind beggar, and the children.

A social worker's mission compliments Jesus' proclamation in Luke 4. Social

Work's commitment and Jesus' Mission comprise of six core values:

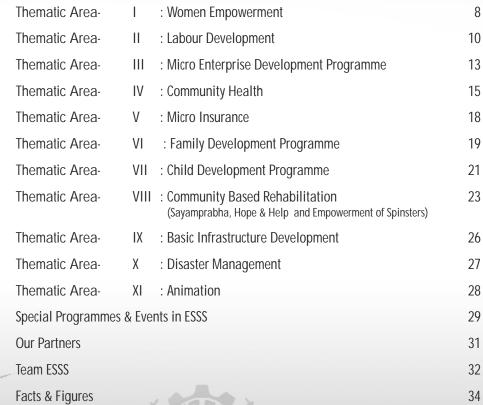
\* Service..... \* Social justice...... \* Dignity and worth of the person ..... \* Importance of human relationship ...... \* Integrity ......and ......Competence.....

We, as social workers, need to be encouraged to pray and listen for God's calling in our lives. Social work is a demanding mission and it is important to enter the field with a clear calling from God to maintain the passion to serve. Each social worker's mission to serve and care for the marginalized does not contradict Jesus's mission. Being social workers, we are blessed with ample opportunities to practice our faith through our social ministry.

We shall be convinced that Social work is a platform for us to proclaim Jesus' love in action.

Fr. Martin Azhikkakath President & Director, ESSS.







#### Mission

Ernakulam Social Service Society (ESSS) is committed to promote, support and sustain the socio-economic and developmental initiatives of the poor and the marginalized through social mobilization, empowerment and decentralization.

#### History

Ernakulam Social Service Society, the official organization for social action, of the Archdiocese of Verapoly is founded on August 28, 1962 by Most. Rev. Dr. Joseph Attippetty and Fr. Jerome Payyappilly OCD for the upliftment of needy and poor, irrespective of cast and religion. ESSS pursue a development policy evolved from the learning and experiences of 56 years. In this journey ESSS has taken sides with the vulnerable and the marginalized people to eradicate poverty and social injustice. ESSS focus is on the rights of the deprived communities: rural and urban poor, women, children, aged, differently-abled, fishermen, migrant and unorganized workers. These groups face an acute lack of access to and control over resources, services, and institutions. ESSS practices a rights-based approach to development, helping people to claim their rights, which may be constitutional, moral or legal entitlements. The Patron of the Society is Most Rev. Dr. Joseph Kalathiparambil, Metropolitan Archbishop of Verapoly.



## Impact Numbers



LOSELTANKO

Districts Corporation: Municipalities: Panchayats: 24



81768 **Families Covered** 



**rna** 11:05am

17341 Members in Women SHGs



10585 Labours Mobilized



1024 Members in Children's Group



13104 Membership in Life Insurance



**Entrepreneurial development** and employment generation through locally viable and eco-friendly micro enterprises.

#### What ESSS do

safeguards.







Promotion of functional community based organization (CBOs) at the villages for the developmental action.

Integral development by

base as appropriate and

self-propelled action.

developing local knowledge

enthusing the community for

Boardin

Infrastructure development addressing the gender and environmental concerns in order to ensure the physical and social well-being of the poor.



Community based disaster preparedness and management equipping forums and task forces as appropriate and developing bio-physical shields to mitigate the disasters.





8481

Members in Men

**SHGs** 

Members in Sayamprabha Group



6555 Families Covered in Health Insurance









#### Self Help Group Movement

Self Help Groups (SHGs) are progressively becoming a key method for arranging women to make a move and change their condition. SHG is the association of 15-20 members of the same socio-economic background working collectively to solve problems on the principle of self-help, harmony and mutual coordination. 914 Self Help Groups functional at ESSS emerged as a powerful tool to alleviate poverty, empower rural women to increase their potential and identity, bring personal, social and economic changes, facilitate their managerial abilities, and to develop community value.



#### Capacity Building Initiatives by the Department

	5	J 1	
SI. No	. Name of the Programme 1	No. of Units	No. of Participants
1	Federation Leaders Training	8	663
2	SHG Leaders Training	12	845
3	ESSS Animators Training	6	648
4	Mother Touch	38	
5	Health Awareness Class	24	1008
6	Awareness Class for Social Justice	3	253
7	Account Checking in SHG	72	748 Self Help Groups
8	Income Generation Programme(IGP)	5	285
9	Successful Entrepreneurs Meet	6	324
10	SHG Members Product Exhibition	5 Places	37 Items Exhibited
3			
- 3			



Women SHG's and federations promoted by ESSS have whole heartedly taken up the local fund mobilization effort of ESSS and collected Rs. 3,59,721/- to Asakiranam Cancer Care Project and Rs. 63,200/- to Archbishops Snehabhavanam Project.













Workers in the unorganized sector constitutes nearly 90% of India's total work force requiring focused attention for relief from exploitation, occupational health hazards and the ever-increasing hardships due to low wages and inadequate social safety net. ESSS strategized a two-fold approach to the social work interventions in this segment. One is the social mobilization and forming Self Help Groups as a platform for social and economic development and the other is mainstreaming unorganized workers through labour forums and trade unions by joining hands with Kerala Labour Movement (KLM), an official organ of Kerala Catholic Bishops Council (KCBC) working for the betterment of unorganized workers in Kerala, to enhance the dignity of labours. Independent trade unions and forums were formed for protecting job, improving the working condition, assuring reasonable wages, building workmanship qualities, enhancing skills, promoting sustainable livelihood and micro-enterprises.

## Empowering Men for Life through SHG

In an attempt to reach out to entire community, ESSS formed Self Help Groups of men. Mutual Sharing, promotion of alternate livelihood, leadership development, skill development, promotion of social involvement etc... are the key thrust of men Self Help Groups.

At present 514 Men Self Help Groups are functional at ESSS with a membership of 8481 persons. Since vast majority of Men SHG members are unorganized workers, these men SHGs works in close association with ESSS - KLM unit.











#### Worker's Forums Functional at ESSS

Kerala Domestic Workers Union [KDWF]

is an independent trade union established for domestic workers under Kerala Labour Movement, aims at ensuring decent work for domestic workers by protecting thier rights, building capacities and inculcating knowledge.

#### Swathanthra Nirmana Thozhilali Union [SNTU]

is an independent trade union of construction workers functioning under Kerala Labour Movement. Apart from employment and welfare guarantee, the programme specifies on building up good workmanship qualities, skill enhancement and entrepreneurial development etc...



for enrollment of tailoring workers in the Kerala Tailoring workers Welfare Fund Board

#### Kerala Malsya Thozhilali Forum (KMTF)

The target group is the traditional fishermen-Folk workers in the sea, back waters, ice factory, fish market but not established, self employed. The union conducts awareness programmes, advocacy programmes, lobbying and networking, skill development programmes and introducing new technology to the traditional fish workers as alternatives.



#### Empowerment of Migrant Workers.

Since a major chunk of the unorganized workers come from other states most of them live on the outskirts of the city in clumsy and congested conditions. The problems prevailing in these areas are varied and some of them are grave. A part from taking efforts to link them with various government schemes, ESSS is periodically conducting medical camps exclusively for them.



#### Capacity Building Initiatives by the Department

SI	I. No.	Name of the Programme	No. of	No. of
			Units	Participants
1		Men SHG Leaders Training	12	1008
2	2	KLM Unit Formation	3	249
3	3	Environment Day Observation at ESSS	7	761
4	.	May Day Celebration at ESSS	1	278]
5	;	Second Line Leadership Training at ESSS	1	113
6	,	Village Seminar	5	624
7	'	Migrants Medical Camp	4	394
8	3	Mother Touch (Helping of Poor) Programme	8	
9	)	Cleaning Campaign	4	288
1	0	Cancer Detection Camp	1	78
1	1	Domestic Workers Leaders Training	12	564
1	2	Legal Awareness for Domestic Workers	2	108
1	3	Health Awareness for Domestic Workers	4	189
1	4	Interface with Govt. Departments	8	24
1	5	Domestic Workers Day Celebration	1	398
1	6	Account Class for Domestic Workers Group	9	187





#### Membership Details in Different Social Security Schemes

SI. No No.	o. Name of the programme	New Membership Year 2017-2018	Total Membership
1	Kerala Shops & Commercial Establishment Workers Welfare Fund Board	124	932
2	Kerala Tailoring Workers Welfare Fund Board	216	1517
3	Kerala Building & Other Construction Workers Welfare Board	331	2118
4	Domestic Workers Welfare Board	110	4911

Promoting Social Security
Social protection has a key role to play in helping workers to become more efficient and productive. It intends to provide protection against social risks. Even though social security schemes are very common and powerful in organized sector, it often covers little in unorganized sector. ESSS aims to widen the coverage of social protection by promoting membership of unorganized workers in different social security

schemes and welfare board.



# Thematic Area- III Micro Enterprise Development Programme

Micro- enterprise and entrepreneurship development programme is not just a training programme but it is a complete process to make the possible transformation of an individual into an entrepreneur. This programme also guides the individuals on how to start the business and effective ways to sustain it successfully. Through this programme ESSS aims to motivate an individual or group to start a micro enterprise and choose the entrepreneurship as a career to prepare the person to exploit the market opportunities for own business successfully.





#### Skill Development Initiatives by the Department

SI. No.	Name of the Programme	No. of Units	No. of Participants
1	Cookery Course	2	74
2	Paper Bag Making	4	167
3	Candle Making	8	304
4	Organic Farming	10	572
5	Dry Flower Making	4	168
Total		28	1285

#### Suvidha

Suvidha is typically a retail marketing network of Self Help Groups promoted by ESSS, which offers different products manufactured by Self Help Groups at relatively low prices to the public. The field volunteers of ESSS receive orders from the community

#### Self –employment Initiatives by the Department

Name of the Programme	No. of Units
Agriculture	748
Catering	112
Tailoring Unit	297
Dry Flower Making Unit	8
Readymade Dress Business	147
Homemade Chocolate	1
Beauty Parlour	12
Detergent Making	210
Curry Powder	121
Ornamental Business	12
LED	2
Hotel Business	19
Rosary Making	13
Candle Making	15
Rice Powder Making	6
Pickle Making	97
Bag Manufacturing	1
Provisional Store	38
Dry Fish & Prawns Unit	13
Aquarium Business	4
Textile Business	8
Construction Work	54
Decoration	36
Other Business	67
Total	2041

#### Linkage with KSBCDC & NBCFDC

ESSS is linking its Self Help Groups with National Backward Classes Finance & Development Corporation (NBCFDC) and Kerala State Backward Class Development Corporation (KSBCDC) for providing credits in affordable rate of interest and promoting self-employment. In this regard ESSS linked 248 Self Help Group Members with the above organizations and provided credits in for either starting a new self-employment unit or scaling up the existing one.









"I believe that the greatest gift you can give your family and the world is a healthy you".

Joyce Meyer

Health is very closely related to the well-being and happiness of people. Underdeveloped health can be a barrier for proper development in a society. ESSS is striving for resolving the diminutives in health care system by inculcating knowledge, promoting preventive measures to protect, promote, and maintain health and well-being, enhancing the accessibility and affordability of health care systems, proper waste management, promoting Yoga and instigating organic family farming.



#### Asakiranam Cancer Care Project

Community Health

The project was developed with the support of Caritas India and now managed by mobilizing local funds through donations, sponsorships, and contributions of ESSS Self Help Group Members. Awareness generation, providing financial assistance to poor cancer patients, conducting cancer detection camps, providing psychosocial support, linking cancer patients and their families with helpful schemes, promoting organic farming etc... are the key components of the programme. So far ESSS provided Rs.12,07,139/- to -228 cancer patients

Rs.12,07,139/-Amount Distributed Rs.10,08,108/-Amount Collected 228 Cancer Patients Benefited

1,104 Person Sensitised 1 Cancer Detection Camp Conducted







#### **Ardram Palliative Care**

Ardram palliative care project is aimed at helping patients who are bedridden or in need of this service. ESSS palliative care team visits such patients weekly to improve their specific health conditions and overall well-being. A family member of the patient is educated with patient management and care.

#### Ardram Health Clinic

Ardram Health Clinic provides affordable primary health care to vulnerable and needy people with the support of Community Health Department, Lourdes Hospital Ernakulam. At present ESSS is running two such clinics - one in ESSS office at Ernakulam and the other in Karthedom in Vypin Island. The medical team is comprised of a doctor, nurse and pharmacist.



Ardram Health Clinic 924

Patients

Benefited













#### Programmes by Community Health Department

SI. No.	Name of the Programme No.	of Units	No. of Participants
1	Health Awareness	13	624
2	Blood Donation Camp	2	108
3	Care givers training	2	97
4	EyeCamp	8	1136
	General Medical Camp	8	897
5	Awareness on Rain Water Harvesting	11	346
6	Waste Management Training	1	23
7	Life Skill Training	16	560
8	Health Mapping	6	102
9	School Based Health Awareness	2	448
10	Sensitization for Parents about Substance Abu	se 14	507
11	Stress Management Training for SHG Member	s 15	547

Yoga Course Yoga implies perfect harmony of body and mind is instrumental to sense of well-being to all levels of our existence. ESSS conduct a three-month Yoga Trainings with the help of group renowned experts to disseminate the benefits of yoga to a wider population.

96 persons were trained through 4 Yoga Training Programmes.





## Thematic Area- V Micro Insurance

	PANCE		Thematic Area- V Micro Insurance		
INSU	Name of the Policy	No of Membership	Premium Paid	Benefits Received	
	Medi claim policy	14917	9696215/-	Amount of Rs.11426375/-	
	Critical illness	564 families	1494600/-	Amount of Rs.1080821/-	

#### Medi-claim Policy

Steep escalation in medical care cost has constrained many to deprive themselves of quality healthcare. Health Insurance comprehensively protects us from the diseases by making treatment affordable. Since the group Mediclaim is cheaper and with lesser conditions, ESSS promotes two such schemes. One is general medical claim policy with the support of United India Insurance Company and the other is critical insurance policy with the support of New India Assurance for providing coverage to selected deceases like cancer.

#### Life Insurance Policy

Death of loved one is always painful and traumatic experience. But if the family is finding difficult to meet their daily needs, the situation gets even more worsened. But unfortunately, the habit of insuring our life and valuable things is less in our society especially among the poor. ESSS promotes three life insurance policies with affordable premium, Aam Aadmi Bima Yojana Personal Accidental Policy and General Insurance Policy of Life Insurance Corporation of India.

Name of the Policy	No of Membership	Premium Paid	Benefits Received
Aam Aadmi Bima Yojana	6732	Rs.10,77,120/-	Rs.16,50,000/- paid to 40
(AABY)			families as death claim
Personal accident policy	5718	Rs.6,46,134/-	
LIC-General Insurance Policy	624	Rs.1,12,320/-	





# Thematic Area- VI Family Development Programme

The Save a Family Plan India supported Family development Programme & Snehasparsam augments the developmental needs of vulnerable families by providing services to children, other individual family members and the family as a unit. The systematic support, guidance, monitoring and accompaniment of ESSS helps the selected families to learn to manage their personal, family, and community circumstances through growth, education, personal economic achievement and social development

	achievement and social c
324 Families Supported through the Project  SA Family De Progra	velopment
24 Trainings Conducted by ESSS	Rs.43,25,000/- Support for House Construction & Maintenance Recieved

Different Types of IGP'S	Total
Cow & Buffalos Rearin	3
Goat Rearing	12
Poultry	11
Duck Rearing	4
Rabbit Rearing	2
Fish Vending	6
Stationeries	1
Detergent & Lotion Business	24
Firewood Business	2
Petty Shop	6
Bakery & Tea Shop	5
Candle Making	7
Sealing (Roof Work) Work	1
Fish Net Making	1
Tailoring	47
Cloth Business	48
Auto Rickshaw	3 3 1 2 2 2 5 7
Lottery Business	3
Paper Bag Making	1
Pickle Unit	2
Tuition Centre	2
Beauty Parlor	2
Catering	5
Rosary Making	
Computer Work	4
Lab	1
Fruit Shop	1
Areca Nut Business	1
Total No. of IGP Units	212



# Ray of Hope

"The Lord is so good and kind enough that he has shown his mercy and love towards my family"-

Umaiba Yahiya

Name of the beneficiary : Umaiba Yahiya

No. of family members : 4

Religion : Muslim
Dio.No : VP495
Starting Date : 18/1/2013

The one and the same concerns of mankind could be generally classified to be 'existential' and 'developmental'. Any development without ensuring existential security of the people would not become sustainable. Ms. Umaiba's concern was also to have a safe and sound housing.

At the time of selection Ms. Umaiba was living in a very miserable condition. She was a deserted woman having with three children. They were living in a small shed which was not livable and secure. The situation in the family also affected the education of the children very badly. She started to work as a domestic worker, but the meager income out of it not sufficient even to meet the daily expenses.

The involvement of ESSS & Save A Family Plan has made a tremendous change in Ms. Umaiba's family. Umaiba started to do cow rearing along with the domestic work. Now she has two milky cows. The family also had improved their living condition with small savings from the project and support from government.

### Snehasparsam (Care a Family Plan)

Snehasparsam is a family sponsorship programme to help the poorest of poor families. The programme is conceptualized as a programme in connection with Quasquicentennial Jubilee celebration of the Archdiocese of Verapoly and the Golden Jubilee celebration of Ernakulam Social Service Society. The poor families selected through the eligibility criteria will be assisted for a period of six years consecutively. An amount of Rs.1000/- will be given to the families every month.



#### Thematic Area- VII

Child Development Programme
Kuttikkoottams (Children's Nature Club) are functional at ESSS since 1986. Our overall objective is to

facilitate the psycho-social development & scholastic development of poor and vulnerable children in the age category of 5- 17 Years. For this ESSS focuses on programmes aimed at leadership and personality development, life skill education, career guidance, environmental protection, legal rights and protection for children, counselling, value education etc... At present 83 Kuttikkoottams are functional at ESSS. Apart from the group-based activities ESSS also conducts school-based awareness classes and campaigns to reach to the children in need.

Trainings conducted by the department

SI. No.	Name of the Programme	No. of Units	No. of Participants
1	School Based Sensitization	4	568
	Programme on Substance Abuse.		
2	Village Sensitization Programme	14	876
	on Substance Abuse.		
3	Harithapadam: Organic Training	14 Schools	3742
	Farming & Vegetable Cultivation		
4	Summer Camp for Children	3 days	147
5	Leadership Training	12	476
6	Life Skill Training	9	306
7	Time Management Training	9	167
8	Promotion of Kitchen Gardening	2	67
9	Mother Touch (Helping of Poor)	7	
10	Training on Cyber Crime	23	17
11	Awareness Programme for Parents	15	587



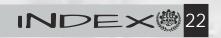
Sponsorship ESSS is helping children of vulnerable families to have a better education and psycho-social support through a child sponsorship programme. Major components of the programme are sponsorship, leadership and personality development, scholastic skill development, career guidance, counselling etc... At present 50 children are supported through the programme.

Harithapadam

Harithapadam programme is a joint initiative of ESSS, Caritas India & South Indian Bank to encourage organic farming and vegetable cultivation among children. ESSS conducted awareness class and distributed grow bags and seeds to 14 selected schools









As part of international earth day, Kuttikkoottam groups of ESSS conducted a rally in marine drive to create environmental consciousness among public.

#### Letter to Earth

Spreading the message of protecting mother earth to children is as important as nurturing the children. ESSS adopted different strategies to ensure this. Writing a letter on behalf of mother earth and replying letter to mother earth by children is one such programme. It was conducted for Kuttikkoottam (Children's Group) members in Pizhala, a small island across River Periyar.

A sample letter written by a Kuttikkoottam member on behalf of Mother Earth

Dear friends in Pizhala,

I am writing this letter to inform a few important things to you. Did you ever plant any trees near by your house? Trees and plants will give you shade and fresh air. If we destroy tress, it will eventually reduce the amount of rain in our area and even cause land slide. Don't you know that dumping plastics are harm to soil? Also don't throw wastes in River. If river polluted and damaged you may face drought.

If you harm me, ultimately you cause damages to yourself, isn't it? How will you live in a damaged and contaminated earth? It's equally harmful to you and me.

I conclude this letter by requesting you to solve all these problems.

Regards Your Friend Earth A sample reply letter written by Kuttikkoottam member to Mother Earth

Dear earth,

I read your letter and knew your wishes. Your letter educate me many things that are unknown to me. I will plant tress and saplings. I will protect you by reducing wastes. Children's from Pizhala will take initiative to reduce wastes and pollutions caused by human beings.

With Love Kuttikkoottam Member Pizhala



## Thematic Area- VIII Community Based Rehabilitation

171 Total Sayamprabha Groups Functional at ESSS

2907 Membership in Sayamprabha Group

4 Leadership Training Programme Conducted for Sayamprabha **Group Members** 

286 Sayamprabha Members Participated in Leadership Training Programme

8 Legal Awareness Programme Conducted for Sayamprabha **Group Members** 

418 Sayamprabha Group Members Participated in Legal Awareness Programme

8 Self Employment Trainings Conducted for Sayamprabha **Group Members** 

86 Self Employment Units of Sayamprabha Group Members are **Functional at FSSS** 

6 Cateract Detection Camp Conducted

**68 Persons Conducted Cateract** Surgery

16 General Medical Camp Conducted

980 Sayamprabha Group Members Participated in General Medical Camp

11 Sayamprabha Sangamam Conducted

843 Elders Participated in the Sayamprabha Sangamam



Sayamprabha Ensuring the quality of life of elders is always a concern to all of us. ESSS adopted the concept of Self Help Group to mobilize and strengthen elders in its jurisdiction. Sayamprabha (Elder's Self Help Groups) are instrumental in providing psycho-social support to senior citizens above 60 years of age. By means of this ESSS aims to promote sustainable livelihood, provide credit linkages, advocate and protect the rights of elders.

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#### Scaling New Heights

Examples of persons whose life is transformed through Sayamprabha Groups of ESSS

Sayamprabha elders Self Help Groups were formed in 2010 by ESSS with the support of Help Age India. Even though the entire group members are in the age group of 60 to 80 years, they were very active and enthusiastic in all programmes of ESSS and think beyond the usual economical functions of Self-Help Group. From day one onwards the group members were ready to participate in cultural events and programmes whenever the opportunity offered by ESSS or federation. Now the group members of Swaruma & Butterfly federations reached at a level, where they are able to perform comedy skit and dance performance in various places and TV Channels and even on a commercial basis. Recently the team is invited to perform in Comedy Utsavam, a popular programme in Flowers TV.

A cancer patient Ms. Mary Anthappan, 91 Years of Age, member of Daya Sayamprabha Group in Karthedom, Vypin is engaged in making floor mat and carpet from waste cloth materials.

Ms. Idama Basil 70 Years of age, is a widow and an active member of Karuna Sayamprabha Group in Puthuvyppu, Vypin. She attended the Candle Making training conducted by ESSS and started a candle making unit with the self-employment loan received from the bank. Now not only she is able to repay the loan amount from her profit but also financially supports her three children.



# Hope & Help

ESSS is truly committed and compassionate to adopt an inclusive approach to differently-abled persons. For this ESSS is engaged in mobilizing, capacitating and differently abled persons enabling differently-abled persons to lead a dignified & independent life. Till now ESSS is able to provide credit support to 1435 differently-abled persons to start livelihood

programmes.





#### **Empowerment of Spinsters**

Spinsters programme is strategically developed to strengthen unmarried women between the age group of 35-50 to provide an essential degree of exposure along with skill training, and is equipping them with a popular platform to become self-reliant.







Shelter is the basic human requirement that needs to be met on priority basis. While accepting the fact that housing is essentially a private activity, it is necessary to meet the housing requirements of the vulnerable sections and to create an enabling environment in achieving the goal of "shelter for all" on self-sustainable basis. The Archbishop's Snehabhavam Project aims to support the poor families irrespective of cast and creed for completion of houses by their own.

In the present financial year ESSS provided support of Rs 39,93,000/- to 123 familys

#### Sanitation Project in School

Children have right to proper sanitation facilities in school and it is fundamental to their over-all health and well-being. But unfortunately, in our many schools, these facilities are not up to the mark and sometimes the toilets and latrines become an epicenter of deceases. ESSS with the support of Vorarlberg, Austria, constructed eco-friendly toilets and latrines in 5 selected schools namely St. Albert's Higher Secondary School, Ernakulam, St. Philomena's High School, Ernakulam, St. Francis Xavier U. P. School, Pizhala, St. Joseph' L.P. School, Vadel and Karuna Special School Vadel,











# Thematic Area- X Disaster Management Relief & Rehabilitation of Okhi Cyclone Victims

Devastating Cyclone- Okhi hit on the Kerala Cost on November 30, 2017 causing huge damage to life and assets of millions across the state. Under the jurisdiction of Ernakulam Social Service society, Coastal panchayats of Vypin island were worst affected. ESSS disaster management team led by Archbishop, Most Rev. Dr. Joseph Kalathiparambil was quick to reach to the affected people and distributed free food kits. Self Help Groups under Ernakulam Social Service Society mobilized a fund to help the victims. KCBC-KSSF sanctioned Rs. 18,00,000/- to construct 3 houses for the Okhi affected families.





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# Thematic Area- XI Animation

Staff Capacity
Building
Conducted

Themes Discussed Strategic Planning, Motivation, Team Work , Role of a Social Worker in Prsent Scenario, Challenges of SHGs, Emotional Management Result-Based Management Strategic Planning Trainings for Field
Volunteers
Conducted

Themes Discussed Role of a Social Worker in Present Scenario, Motivation Result-Based Management Micro Insurance Legal Awareness Goverment Schemes An empowered organisation is one in which individuals have the knowledge, skill, desire, and opportunity to personally succeed in a way that leads to collective organisational success."

Stephen Covey

ESSS is truly committed to the over-all development of its office staff and field volunteers. Periodic capacity building of office staff and field volunteers are aimed at equipping them with necessary skills, knowledge and motivation needed to perform at the highest level.

#### Dharshan

Darshan is a periodic social animation and capacity building programme for Social Ministry Co-ordinators from family units of each parish, who voluntarily works with ESSS to ensure the upliftment of all families irrespective of cast and creed, under the jurisdiction of Archdiocese of Verapoly.









# Special Programmes & Events

#### List of activities Conducted

7

# SI. No Name of the Activity 1 18 Visits to Old Age Homes 2 6 Visits to Children's Homes 3 Support & Visits to Mental Health Asylums 4 Financial Support of Rs. 327,000 to 25 Poor Patients 5 25 Poor Families Supported 6 Educational Assistance Provided to 28 Students

Cleaning Campaign Conducted by 46 Self Help Groups

#### **Mother Touch**

Mother touch was a programme initiated by ESSS to commemorate the Canonization of Mother Teresa of Calcutta. The core objective of the programme is to facilitate and promote charity and social involvement of members of Self Help Groups of men and women, Sayamprabha (Elders' Self Help Group), Kuttikkoottam (Children's Nature Clubs), Spinsters Group, Labour Forums and members of any other Community Based Organizations functional at ESSS.

#### Free Water Kiosks in Summer

During scorching summer, commuters face problems in getting drinking water on the city roads. So to provide relief to the daily commuters, ESSS installed temporary water kiosks in nearby junction of its office.







## Commemorating Reading Day

ESSS observed national reading day on June 19th in collaboration with House of Providence, Home for the Aged. In the reading competition conducted as part of the programme, senior citizens from the age of 60 to 90 years participated. Kochi Corporation Councilor, Ms. Gracy Babu Jacob Inaugurated the Programme.

## A Poisoned River Means a Dying Population: Awareness Generation against Periyar River Pollution

Periyar has been performing a crucial role in determining the economic scenario of Kerala, as it helps in power generation, domestic water supply, irrigation, tourism, industrial production and fisheries. However, as in the case of many other inland water bodies, River Periyar is progressively undergoing eco-degradation throughout its course of flow due to various deforestation, domestic-agricultural-industrial water pollution, excessive exploitation of resources, large scale sand mining and various interferences in the flow of water. ESSS organized an awareness programme for sensitizing men Self Help Group leaders and labour forum leaders towards a responsible use of water resources and protection of Periyar River.

# Advocating Social Change through Building Partnership across the Globe

Global Vision International (GVI), an NGO which helps professionals across the globe to make a real difference to the world they live in, while gaining the knowledge and skills necessary to live and work in a globally inter-dependent and culturally diverse world. ESSS in association with GVI initiated Spoken English Training & Life Skill Training for selected school going children and Computer Course for selected SHG members in Puthuvypu, Kothad and Perumanoor.









## **Our Partners**

- > Caritas India
- ➤ Save A Family Plan (India)
  - > Rehaswiss, Switzerland
    - > Vorarlberg, Austria
- > St Giles Catholic Church, United Kingdom
- > Kerala State Backward Classes Development Corporation, Ltd
  - ➤ Greenleaf Medical Associates SC, USA
  - > Kath Pfarrei St Peter and Paul, Switzerland





#### Team ESSS

#### **ESSS Staff at Present**

Director : Rev. Fr. Martin Azhikkakath

Assistant Director : Rev. Fr Raphael Kalluveettil

Administrator : Mr. Dominic C. L.
Asst. Administrator : Ms. Mary Thomas
Project Officer : Mr. Christy D'Silva
Programme Officer : Mr. Titson Devassy
Assistant Programme Officer & : Mr. Vipin Joe M. J.

Sayamprabha Co-ordinator

Accountant : Ms. Moly Josey
Cashier : Ms. Josni Deepak
Insurance Department Team Leader : Ms. Annie Robert

isurance Department Team Leader: IVIS. Annie Robert : Mr. Josey Kottiyath

FDP Team Leader : Sr. Janet

SHG Team Leader : Ms. Seema Roy

Ms. Lissy Joy

Ms. Rahiyanath Ashraf

Ms. Liji T. J

Ms. Siji Jeny Ms. Ligi George

DRI Team Leader : M

Community Health Co-ordinator : Ms

Children's Co-ordinator
Men SHG Co-ordinator

Domestic Workers' Co-ordinator

House Keeping

: Ms. Shaija Babu: Ms. Stefy Stanly

: Ms. Shaila Attippetty

: Ms. Saly Sabu : Ms. Sherin Babu

: Ms. Carmaly Saju

: Ms. Philomena Tomy

#### ESSSGeneral Body Members List - 2018

Very Rev. Msgr. Mathew Kallinkal, Vicar General Very Rev. Msgr. Mathew Elanjimittam, Vicar General

Very Rev. Fr. Ebigin Arackal, Chancellor Very Rev. Fr.Peter Kochuveettil, Procurator Very Rev. Msgr. Joseph Padiyaramparambil

Rev. Fr. Jerome Chamminikodath

Rev. Fr. Antony Raphael Komaranchath

Rev. Fr. Jaison Vadassery

Mother General, CTC Generalate Rector, St. Joseph's Minor Seminary

Director, Lourdes Hospital
Director, Holy Angel's Institute

Director, Little Flower Engineering Institute

Rev. Sr. Superior, Vimalalayam Chev. Dr. Henry Anjiparambil

Ms. Juliet Daniel Mr. K.K. Raphael Mr. Christy D'Silva

Mr. E.S. Jose

Mr. Joseph Jude Dr. Gladis Mary Thambi

Mr. Thomas Ravi

Ms. Valerine Abrao

Prof. Lucy Jojo

Ms. Synthia Mendez

Mr. Shaji George

Mr. Babu Thannikottu

Prof. M.L. Joseph

Dr. Gilson M.J.

Most. Rev. Dr. Joseph Kalathiparambil
Patron
Metropolitan Archbishop, Archdiocese of Verapoly

# Team ESSS



Fr. Martin Azhikkakath President



Adv. L. Aloysius Thomas
Vice President



Mr. Dominic C.L.
Secretary

#### MEMBERS OF GOVERNING COUNCIL



Fr. Raphael Kalluveettil



Sr. Mary Treasa



Dr. Regina Henry



Dr. Beena P. J.

# ERNAKULAM SOCIAL SERVICE SOCIETY PROVIDENCE ROAD, ERNAKULAM - 682 018

# **FACTS & FIGURES Audit Report**

#### **ERNAKULAM SOCIAL SERVICE SOCIETY**

PROVIDENCE ROAD, ERNAKULAM - 682 018

Conslidated Income & Expenditure Account for the year ended 31st March, 2018.

EXPENDITURE	₹	INCOME	₹	LIABILITIES		ASSETS		7
EXPENDITURE  To Repairs & Maintenance  Compensation to Employees  Staff Welfare Expenses  Entertainment & Hospitality  Coveyance & Travelling Expenses  Gift  Donation  Donation - FC  Rates & Taxes  Audit Fee  Other Expenses	3,67,088.00 33,33,913.00 19,87,303.00 93,179.00 6,74,837.00 45,90,047.00 1,19,87,912.00 71,18,720.00 96,358.00 1,01,000.00 31,48,115.74	By Receipts from Main Objects  Receipts from Incidental Objects  Rent  Interest Income  Other Income  Other Collection  Profit on Sale of Thevakkal Property  Excess of Expenditure over Income	37,35,504.88 38,16,469.00 16,57,840.50 2,94,947.00 19,143.00 42,21,153.00 53,40,412.65	Corpus Fund as per last B/s.  Capital Fund 3,70,97,480.  Less: Excess of Expenditure  over Income 53,40,412	35 3,17,57,068.21 1,69,240.92 10,00,000.00 7,50,000.00 83,60,299.25 1,56,33,677.00 2,43,308.00	Fixed Assets as per Schedule "A" Loans & Advances Deposit as per last B/s TDS as per last B/s. 4 Add : Additions C B Joseph & Co for GST Paymen Less : GST Uploaded Gosing Balances :- Bank Balance as per Schedule	2,71,412.93 5,50,324.00 1,79,321.00 1,74,397.00	PARTICION IN
* Fee to Professional * Other Payments * Depreciation Total:	62,669.00 28,92,192.00 15,98,275.00 3,80,51,608.74	Total:		PF Payable  Closing Balance :- Closing Balance OD as per Schedule  Total :	50/07/41/5999	Cash in Hand		80,625.0 8,47,58,972.7

Ernakulam. 21/06/2018

FR.ANTONY RAPHAEL KOMARANCHATH (President)

DOMINIC C L (Secretary)

Ernakulam. 21/06/2018 FRANTONY RAPHAEL KOMARANCHATH

(President)

DOMINICCL (Secretary)

> For C.B.JOSEPH & CO. Chartered Accountants

> > Kollam.

21/06/2018

IVAN JOSEPH

(Partner)

Kollam. 21/06/2018 WANDOSEPH (Partner)

FOR C.B.JOSEPH & CO. Chartered Accountants

#### Way Forward



Fr. Raphael Kalluveettil

Jesus tells "the poor is always with you" (Mt. 26:11). There is concept of the poor and rich from the beginning of human history. It mostly popularized from the starting of Society life. There were serious discussions for the up-liftment of the poor and the eradication of poverty among the so-called social workers and economists of that time. Gradually, there developed two theories to save the poor from the vicious circle of poverty. One is to gather the wealth together from among the poor and make it a common investment. The second one was to collect the wealth from others and invest it in poverty circle. These both theories are practically articulated by Ernakulam Social Service Society (ESSS) for the up-liftment of the poor. The first theory practiced the men and women self help groups (SHGs) and second one through Government and Non-Governmental agencies and benefactors.

It is time for us to thank all our banefactors, first and most our Patron Most Rev Dr Joseph Kalathiparambil, the Metropolitan Archbishop of Verapoly, who mostly dream on us. We are grateful to all our funding partners, well wishers and our board members who guide us. We extend our gratitude to all the parish priests, village volunteers, animators, social ministry co-ordinators, SHG leaders and all our dedicated staffs. Let us pray finally May our dreams and wishes come true by the Grace of God.

Fr Raphael Kalluveettil
Assistant Director





#### **Ernakulam Social Service Society**



Social Action Wing of the Archdiocese of Verapoly Providence Road, Ernakulam, Kochi-682 018

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